



Athletes



YOU ARE ELIGIBLE FOR IESA ACTIVITIES IN 2025-2026:

1. If you are representing a school where you are in attendance in grades five through eight or have been approved for a cooperative team activity.

2. If your birthday is on or after:

September 12, 2009 for Girls Golf
September 13, 2009 for Boys Golf
September 21, 2009 for Girls Softball
September 28, 2009 for Boys Baseball
October 19, 2009 for Boys and Girls Cross-Country
December 12, 2010 for 7th Grade Girls Basketball
December 19, 2009 for 8th Grade Girls Basketball
February 12, 2010 for Cheerleading Competition
February 6, 2011 for 7th Grade Boys Basketball
February 13, 2010 for 8th Grade Boys Basketball

March 1, 2010 for Chess
March 15, 2010 for Boys Wrestling
March 15, 2011 for 7th Grade Girls Volleyball
March 22, 2010 for 8th Grade Girls Volleyball
April 19, 2010 for Boys and Girls Bowling
May 9, 2010 for Scholastic Bowl
May 17, 2011 for 1A & 2A 7th Grade Boys and Girls Track and Field
May 17, 2010 for 1A & 2A 8th Grade Boys and Girls Track and Field
May 24, 2011 for 3A & 4A 7th Grade Boys and Girls Track and Field
May 24, 2010 for 3A & 4A 8th Grade Boys and Girls Track and Field

3. If you try out only for those activities for which you are eligible by age.
4. If you have provided your principal with a birth certificate or hospital record. A baptismal record is not acceptable.
5. If you have a licensed physician's certificate of physical fitness to participate issued within 395 days preceding your current participation.
6. If you are doing passing work in all of your school subjects.
7. If you have not competed in the same academic grade during a previous school year in the same sport. This is true whether or not you attended a member or non-member school.
8. If you transfer to a different school during the school year, you are eligible to participate for your new school only if you did not participate in a try-out, practice, or game contest with your previous school of attendance in the sport in which you want to compete for your new school. Some schools may not allow transfer students to participate. Please check with your school principal to determine your eligibility if you transfer.
9. Please contact your school principal to determine your eligibility to participate on a non-school team in a sport during the IESA season for the sport.

NOTE: IESA By Laws are published in the official handbook. Your principal should be contacted to check with the Executive Director on any questions you may have concerning your eligibility. There are minor exceptions to the above regulations, which may need further clarification.

(PLEASE POST ON BULLETIN BOARD)