

IESA TRACK & FIELD

2009 ADVISORY COMMITTEE MEETING MINUTES & RECOMMENDATIONS

June 10, 2009

The following members were present for the meeting: Coaches Wendy Vogel, Metamora GS, Terry Heise, Pleasant Plains, Vince Perillo, Manhattan, Seth Mingus, East Peoria Central, Adam Lang, Mundelein Fremont, Paul Peacock, Lexington, and Korby Klyber, East Peoria Robein; Official Carroll Hickenbottom, Blandinsville; Board Liaison Tony Ingold, East Peoria Central. Administrator, Fred Lamkey, Riverton, and Coach, Beth Pugh, Tuscola were not able to attend.

The IESA Track and Field Advisory Committee, in its meeting of June 10, 2009, make the following recommendations to the Board of Directors for their June 19 meeting:

*To make the following changes/additions to the Terms and Conditions

1. All high jump contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. At the state track meets, the high jump shall be conducted in flights. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 2" at a time until the designated height is reached. For all jumps attempted after the designated height has been achieved, the bar will be raised 1" at a time. The designated heights for all classes are as follows:

7AG	4'8"	7AAG	4'10"
7AB	5'2"	7AAB	5'4"
8AG	5'0"	8AAG	5'2"
8AB	5'8"	8AAB	5'10"

Rationale: By conducting the high jump in flights, we have reduced the overall number of competitors on the field at any one time. The current recommendation is more reflective of conducting the event with the reduced number of competitors in each flight and maintaining consistent height attempts among the competitors.

2. At the State Track and Field Meet, field events may be conducted indoors if conditions deem it necessary.
Rationale: By including this information in the Terms and Conditions, coaches will be able to prepare their athletes for this possibility. Specific information will be included in the state mailing regarding allowable footwear, ticketing, etc.
3. Remove the requirement that Sectional hosts to convert FAT times to manual times.
Rationale: There are a limited number of sectionals using FAT time. It is easier and more consistent for the conversion to be made at the IESA Office.

*To adopt the following changes to the qualifying standards and pole vault starting heights.

7AA Girls 100M Dash	13.2
8AA Girls Pole Vault- Sectional Starting Height	6'6"

7AA Girls High Jump	4'10"
8AA Girls High Jump	4'11"

To make the following additions to Track and Field Policy (These do not require Board Action):

1. Create FAT qualifying standards.

The Committee did conclude discussion on the expansion of track to three classes.

1. The Committee discussed several options for three classes of track. Calendar restraints do not allow for an additional state track weekend to be included in the track and field season. The discussion then focused on implementing 3 classes in two weekends. In order for three classes of track to be implemented in the time frame, the format would be very different than its' current state- i.e. no 7th grade division, no additional qualifiers, only taking the top finisher in each event, having a girls state meet weekend and a boys state meet weekend.
2. The Committee concluded that if expanding track to three classes did not increase participation it was not in the best interests of those participating to recommend or adopt.

The Committee had a lengthy discussion on the relay "alternates". Currently, all athletes listed for a relay are required to count that relay toward their individual event total; regardless of whether or not they participate in that relay the day of the meet. The Committee discussed the rationale behind this policy and discussed the possibility of creating a true "alternate" status. The discussion was tabled to the next meeting.

Points of Emphasis

- Coaches should review all relay rules. NFHS Rules 5-9 and 5-10
- 1/4" pyramid spikes
- Sectional Participant Information deadline
- Submitting seed times

Committee Discussion

- Order of Events for the Sectional and State Meet
- The addition of a Team Track and Field State Meet
- Adding triple jump, 4x800 M Relay
- Adjusting the starting heights for the state pole vault competition
- Changes to the Individual Participant Limitations
- Rule Meetings
- Review of the State Meets (time schedule, lunch break)
- Warm-up time for state field events
- Possibility of changes made to Sectional Rosters after the seed meeting
- Procedure for excusing athletes at the State Meet

Wendy Vogel and Beth Pugh were thanked for their service to the Committee and to the participating members of the activity

The date of the next meeting is June 9, 2010.