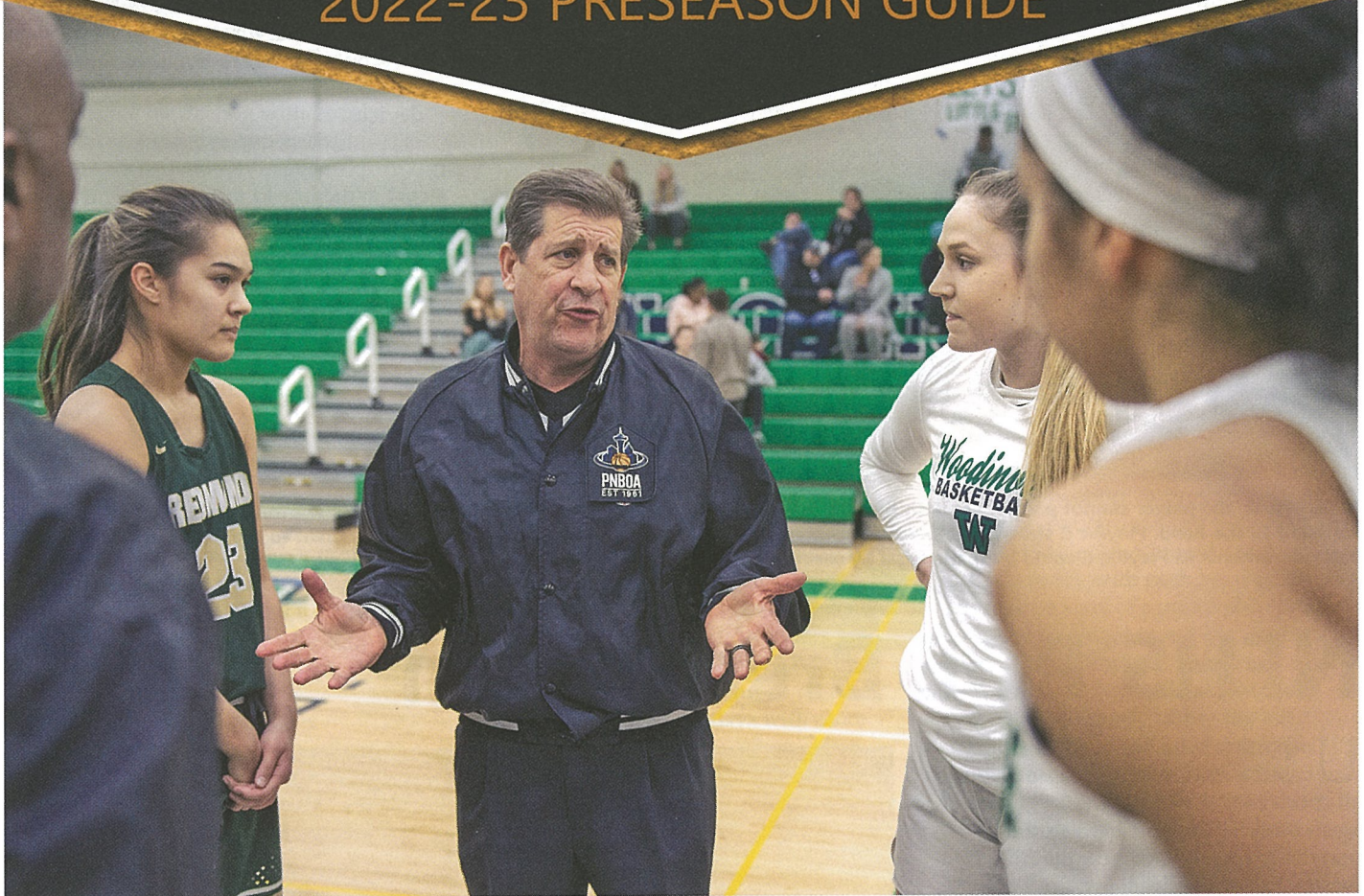


# BASKETBALL

## 2022-23 PRESEASON GUIDE



DALE GARVEY

## Approved to Adorn

### NFHS Alters Guidelines for Hair Beads, Barrettes

High school basketball players will be allowed some extra creativity and flexibility when it comes to hair styles starting with the 2022-23 season due to a rule change approved by the NFHS Basketball Rules Committee during its annual April meeting.

The committee met in person for the first time since the spring of 2019, and while doing so approved one rule change and a series of minor editorial changes to the NFHS rules book, while also establishing three points of emphasis for the season.

#### Team Members' Equipment, Apparel (3-5-4d)

A change to the rule regarding hair adornments now allows for players to wear items such as beads or barrettes provided they are securely fastened close to the head and do not present an increased risk to game participants.

Rule 3-5-4 begins with the following: "Wristbands and headwear shall meet the following guidelines," and the fourth clause, 3-5-4d, now reads as follows:

"Rubber, cloth or elastic bands may be used to control hair. Hard

Players will have more options for hair adornments for the 2022-23 season due to a rule change approved by the NFHS Basketball Rules Committee. In addition to headbands and hair ties, as shown here, players can now wear hard items such as beads, barrettes and bobby pins, so long as they are securely fastened to the head.

Mike Lloyd, Kent, Wash.

items, including, but not limited to, beads, barrettes, bobby pins and other adornments in the hair that are securely fastened to the head and do not present an increased risk to the player, teammates or opponents are allowed. Hair-control devices are not required to meet color restrictions."

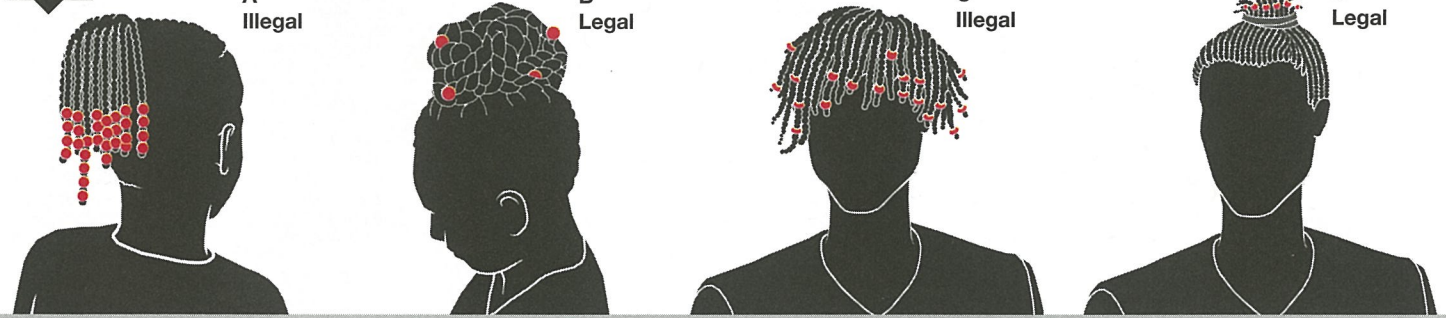
**Play 1:** During team warmups, the officials notice a team A player is wearing beads in the hair. The hair is (a) wrapped with elastic hair ties, ▶

▶ keeping the beads tight to the head, or (b) free flowing allowing the hair to sway back and forth and the beads are on the end of the hair. **Ruling 1:** In (a), the beads would be legal as they are securely fastened to the head and there is no danger to other players. In (b), the beads would be illegal as the beads

are not tightly secured and could cause injury to other players as the hair moves around.

**Play 2:** During team warmups, the officials notice A1, A2 and A3 wearing beads in the hair. For all three players the hair is wrapped with elastic hair ties, keeping the hair tight to the head.

A1 is wearing red beads, A2 is wearing white beads and A3 is wearing blue beads. Team A is wearing uniforms that are red and white. **Ruling 2:** The beads are legal for all three players, as they are securely fastened to the head and there are no color restrictions on hair-control devices. □



In PlayPic A, the player cannot participate with the hair adornments worn in the current position since the adornments are not securely fastened to the head. PlayPic B shows how those adornments could be made legal by securely fastening them to the head. Similarly, the hair adornments in PlayPic C could be made legal by securely fastening them to the head as shown in PlayPic D.

# NFHS POE Breakdown

Unsporting behavior in education-based athletics has increased across all sports and as a result, the NFHS has again made sportsmanship its primary point of emphasis (POE) for the 2022-23 season. Reducing illegal contact (hand checks, post play, off-ball play) and use of the pregame meeting to address illegal uniforms, equipment and apparel round out the three POEs.

## Sportsmanship

Good sporting behavior is one of the fundamental ingredients to the continued success and enjoyment of education-based high school sports and activities. NFHS playing rules are written to encourage sportsmanship, and participation in these programs should promote respect, integrity and fair play.

There must be a collaborative, working relationship between game officials and game administration to promote good sportsmanship and safely conduct the contest. Everyone has a role to play in creating a positive, sportsmanlike atmosphere during games.

Officials should focus on the actions of players, coaches and other bench personnel. A positive, open line ▶



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