



IESA Cross Country Activity Update

2018

- **NEW:** Schools are required to submit their regular season schedule online by August 29, 2018. Schools may complete this requirement by logging in to the Cross Country Entry Center. You will need the AD password provided to your school.
- The finish line for all races, regular season and state series (sectional, state) shall be at the mouth of the chute entrance.
- If you conduct a regular season invitational meet, please be sure to list that meet on the IESA website. Schools are always looking for invitational meets in which they may enter. You can view a listing of invitationals on the cross country section of the IESA website.
- Only those students who are attending your school may practice with your team and represent your school in competition. There are a limited number of exceptions. If you have any questions, please contact the IESA Office.
- Only students in grades 5-8 are eligible to participate with and for your school. At no time may a student

who is in 4th grade (or a lower grade) practice with or participate in any race in which 7th and 8th grade students are participating.

- Watches and jewelry may be worn during competition.
- **NEW: There will be eight Class 1A Sectionals; nine Class 2A sectionals; and nine Class 3A sectionals.**
- **ADVANCEMENT TO STATE TEAM:** The first, second, and third-place teams will advance to state level competition.

NEW!!!! ADVANCEMENT TO STATE INDIVIDUAL: In Class 1A, the top eight (8) individuals not on the first, second, or third place teams shall advance to state level competition. In addition, in Class 1A, in the event the 9th, or 10th place individual overall finisher in the sectional is not on a qualifying team, such 9th or 10th place overall finisher in the individual race shall advance from the sectional to the state final meet. In Class 2A and Class 3A, the top five (5) individuals not on the first, second, or third place teams shall advance to state

level competition. In Class 2A and Class 3A, in the event the 6th, 7th, 8th, 9th, or 10th place individual overall finisher in the sectional is not on a qualifying team, such 6th, 7th, 8th, 9th or 10th place overall finisher in the individual race shall advance from the sectional to the state final meet.

Additional individual runners may advance to the state final if there are more individual runners placing in the top ten than there are runners from an advancing team:

- If an individual runner finishes in 6th, 7th, 8th, 9th or 10th place in the sectional race, and five other individuals from non-advancing teams finish ahead of them, the respective 6th, 7th, 8th, 9th or 10th place individual finisher will also advance to the state final.

A sectional may send as few as five (5) individual runners and as many, but not more, than 10, depending on the finish of runners from advancing teams within the top 10 individual places. If five (5) or more of the top ten runners listed in the sectional results are from advancing teams, then only the first five individuals who are not members of advancing teams will qualify from the sectional to the state final.



Hosts Needed

If you are interested in hosting a sectional meet, please submit your interest online.



Cross Country Advisory

We are always looking for coaches who would be interested in serving on the IESA Cross-Country Advisory Committee. The Committee meets once a year to evaluate the activity rules and state series. Members serve a 3 year term. Contact the IESA Office if you are interested in serving on the Committee.

2018-19 CROSS COUNTRY

40/39

Number of years the IESA has offered a state series

7

Number of years of a 3 Class State Series

FOR MORE INFORMATION

Illinois Elementary School Association

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Phone: 309-829-0114

www.iesa.org



Practice May Begin: 7/30/18
Meets may Begin: 8/11/18
Online Season Schedule:
8/29/18
Online Roster Deadline: NOON
10/3/18
Sectional: 10/6/18
State Tournament: 10/13/18
Season Must End: 10/27/18

General State Series Reminders

Sectional & State Meet Awards

SECTIONAL: The individual champion at each sectional will receive a medal. Those individuals placing 2-10 at the sectional meet will receive a ribbon.

The top three teams at the sectional meet will receive a plaque.

STATE: The top 25 individual runners in each class at the state meet will receive a medal.

The top four teams in each class at the state meet will receive a trophy and team medals.

Sectional Meet Reminders

Once the results of the sectional meet have been confirmed by the starters and BEFORE the awards ceremony, the sectional host must conduct a meeting of all coaches and share the results of the sectional meet. Coaches should check for accuracy and any discrepancies must be brought to the attention of the sectional meet manager at that time.

Corrections should then be made if needed and then the awards ceremony may be held.

- All sectional hosts must have some type of video backup for the sectional meet.
- Sectional results must be posted at the meet site after the sectional awards ceremony.
- **NEW:** At all sectional meets, bibs are required. Bibs must be positioned high on the front of the chest. Bibs should be white with dark numerals.

- **NEW:** A minimum of 45 minutes will be scheduled between race start times at the sectional meet. This may be adjusted the day of the meet by the meet officials for weather situations.

Chip Scoring

We will once again use a computer chip scoring system at the state final meets. Runners will wear a bib number computer chip. Bibs will be included in the coaches packet at the state meet.

- Advancing teams will be issued 10 bib numbers. Please only distribute bibs to the seven runners who will be running in the state meet that day. The remaining bibs should be kept with the coach and away from the finish area.
- Runners should wear the bibs high on their chest and make sure they are securely fastened.

State Meet Time Schedule

Time schedules for the State Final Meets

Race Schedule

Class 1A Girls- 9:30 a.m.
Class 1A Boys- 10:15 a.m.
Class 2A Girls- 11:00 a.m.
Class 2A Boys- 11:45 a.m.
Class 3A Girls- 12:30 p.m.
Class 3A Boys- 1:15 p.m.

Awards Schedule

Class 1A Awards Ceremony- 11:45 a.m.
Class 2A Awards Ceremony- 1:15 p.m.
Class 3A Awards Ceremony- 2:45 p.m.