IESA ACTIVITY UPDATE



WRESTLING

NEW: TEAM LIMITATIONS REMOVED

Restrictions on the numbers of dates for duals and tournaments has been removed. The only limitation remaining is the individual 42match limit for regular season.

NEW: MANAGER/STATISTICIAN Spot added

One roster spot for a student manager and student statistician has been added to the regional entry form. These roster spots are only allowed for use at regional and sectionals.



allowed to use a third mat at regionals. The third mat is optional, not required.

NEW: ROSTER CORRECTIONS

Wrestlers are allowed to be added to the official roster at the seeding meeting. Coaches may make corrections and/or additions to their regional entries prior to the start of the seeding to a specific weight class.



NEW: SECTIONAL OFFICIALS

A fifth official will be assigned to each sectional. Sectionals will now use five officials rotating on four mats. Sectional officials are assigned by the IESA.





IESA WRESTLING

NFHS Rule Changes

Please see the 24-25 rule changes at the link below: https://www.nfhs.org/articles/parti cipants-now-inbounds-with-onepoint-of-contact-in-high-schoolwrestling/

TrackWrestling

The IESA will provide each regional and sectional host with trackwrestling software. A username and password will be sent to each host. All regional and sectionals must use trackwrestling as their scoring software for post-season events.

State Final Order of Competition

Four mats will be used for the championship matches at the state final venue. The championship matches will be held on four mats in the following order: 95 & 100; 105 & 112; 119 & 126; 135 & 145; 155 & 167; 185 & 215: 275 & 65; 70 & 75; 80; 85 & 90.

<u>Head Gear</u>

Any manufacturer's logo/trademark/reference that appears on the wrestling ear guards (one on each ear cup), including legal hair covering, can be no more than 2 ¼ square inches with no dimension more than 2 ¼ inches and may appear no more than once on ear guards.

State Coaches Passes

1-4 wrestlers= 2 coaches passes. 5 or more wrestlers= 3 coaches passes.

<u>Universal Weigh-in Time</u>

A 60-minute weigh-in period shall be scheduled to start 90 minutes prior to all regional and sectional tournaments. •Example: 7:30-8:30am weigh in for 9:00am start time. // 8:30-9:30am weigh in for 10:00am start time.



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