



2018-19

Boys and Girls Track and Field Series Terms and Conditions

Member School Responsibilities

- It is the responsibility of each member school to control its interscholastic athletic program in compliance with the rules and regulations of the Association.
- It is the responsibility of each member school to protect the health of and provide a safe environment for each participating students.
- In order to promote the character development of participants and to enhance the integrity of educating students, coaches and all others associated with their programs and events, member schools should adhere to fundamental values such as respect, fairness, honesty and responsibility.

****Note: Illustrations for many of the sections listed in the Terms and Conditions may be found in the IESA Handbook. Each school is sent a copy of the Handbook each year. In addition, the IESA Handbook may be accessed online from the IESA website (www.iesa.org).**

I. SCHOOL CLASSIFICATION

The classification of each school participating in the 2018-19 IESA Class A and Class AA Track and Field Series will be determined by enrollment. Seventh and eighth grade enrollment from the previous school year as reported to IESA by the member school through the IESA Member Center shall determine the classification of each school after a tabulation of entries in each sport and an equal split of the number of entries. Track will be split into two equal classes each containing 50% of the participating schools.

II. DATES AND SITES

- A. Class A--Girls and Boys Seventh and Eighth Grade
 The Class A state meet will be held at Eastside Centre **by East Peoria Robein.**
 To be held the Friday and Saturday of Week 45.

BOYS & GIRLS TRACK (CLASS 7A & 8A)			
Activity	Week	2018-2019	2019-2020
Entry Deadline (Mon.)	14	Oct. 1, 2018	Oct. 7, 2019
Final Entry Deadline		Nov 1, 2018	Nov 1, 2019
Practice/Tryouts may begin (Mon.)	35	Feb. 25, 2019	Mar. 2, 2020
Cooperative Agreement Due		Mar. 1, 2019	Mar. 1, 2020
Meets may begin (Mon.)	37	Mar. 11, 2019	Mar. 16, 2020
Season Schedules Deadline (Mon.)	39	March 25, 2019	Mar. 30, 2020
Online Entry Deadline (Tue.)	44	April 30, 2019	May 5, 2020
Sectional Seed Meetings (Wed.)	44	May 1, 2019	May 6, 2020
Sectionals (Fri. or Sat.)	44	May 3 or 4, 2019	May 8 or 9, 2020
State (Fri. & Sat.)	45	May 10, 11, 2019	May 15, 16, 2020
Season must end (Sat.)	49	June 8, 2019	June 13, 2020

- B. Class AA--Girls and Boys Seventh and Eighth Grade
 The Class AA state meet will be held at Eastside Centre **by East Peoria Central**.
 To be held the Friday and Saturday of Week 46.

BOYS & GIRLS TRACK (CLASS 7AA & 8AA)			
Activity	Week	2018-2019	2019-2020
Entry Deadline (Mon.)	14	Oct. 1, 2018	Oct. 7, 2019
Final Entry Deadline		Nov. 1, 2018	Nov 1, 2019
Practice/Tryouts may begin (Mon.)	35	Feb. 25, 2019	Mar. 2, 2020
Cooperative Agreement Due		Mar. 1, 2019	Mar. 1, 2020
Meets may begin (Mon.)	37	Mar. 11, 2019	Mar. 16, 2020
Season Schedules Deadline (Mon.)	39	March 25, 2019	Mar. 30, 2020
Online Entry Deadline (Tue.)	45	May 7, 2019	May 12, 2020
Sectional Seed Meetings (Wed.)	45	May 8, 2019	May 13, 2020
Sectionals (Fri. or Sat.)	45	May 10 or 11, 2019	May 15 or 16, 2020
State (Fri. & Sat.)	46	May 17, 18, 2019	May 22, 23, 2020
Season must end (Sat.)	49	June 8, 2019	June 13, 2020

- C. Sectional and state level competition shall be held for Classes 7A, 7AA, 8A, and 8AA. Sectional competition sites and specific competition dates shall always be determined by a meeting of the participating schools when host requests are not received and set by the IESA Office. The Administrator for Track shall appoint a temporary sectional chairman to call such a meeting if a site is not pre-determined. Track sectionals shall be scheduled on Fridays at 1:00 or 2:00 p.m. or Saturdays at 9:00 or 10:00 am as listed on the approved IESA calendar. Any change in the scheduling of a track sectional must be approved by the Administrator for Track. See bylaw 4.073.
- D. Girls and boys track and field events shall be held separately, preferably with all Class A or Class AA sectional and state competition being held on the same date at the same location. It is permissible for boys' sectional events to be held at different sites than girls' sectional events on the same date if a majority of the schools participating in a sectional vote for a split.
- E. State Series Assignments may be accessed on the IESA website. Schools that are willing to host a sectional that is not set should contact Nicole Schaeftbauer, Administrator for Track and Field, immediately.

III. ENTRIES AND ENTRY FEES

A. Sectional Participant Information

- On-line entry of Sectional Participant Information:** Each school entering the state series (whether entering a team or individuals) must submit its Sectional Participant Information via the Internet through the IESA Member School Center to the IESA Office. If a school does not submit its Sectional Participant Information by the deadline, coaches and participants from that school are subject to sanctions, which could include but not be limited to being ruled ineligible to compete in the state series. Sectional Participant information must be completed within the following time frame:

- Class A- Participant registration for schools begins April 1, 2019 and ends April 30, 2019.**
- Class AA- Participant registration for schools begins April 1, 2019 and ends May 7, 2019.**



- All schools who wish to enter students into the IESA Sectional and State Track Meets must register their participants on-line during the appropriate time frame.
- A member school will be permitted two entries in each individual event for boys and girls plus one entry in each relay for each boys and girls class in which it has entered the state series.
 - Participant **times shall be submitted in tenths of seconds (Example: 10.2)**
 - Manual times should be rounded up to the slower tenth of a second (Example: 10.21 should be reported as 10.3)

- c. All times entered for the sectional meet must be manual times.
4. The on-line Sectional Participant Information will provide an opportunity for each participating school to enter its athletes into each event and to list the accurate names of the Girls/Boys entered in the Sectional meet.
 5. Enter the names of all relay participants- both participating runners and alternates. DO NOT LEAVE ANY OF THE RELAY PERSONNEL SPACES BLANK. You will not be able to add names after the seeding meeting.
 6. Coaches are encouraged to bring a hard copy of their Sectional Participant Information to the Sectional Seeding Meeting.
 7. Substitutions to the online Sectional Participant Information may be made at the seeding meeting.

Changes to Sectional Participant Information will be allowed at the sectional seeding meeting. Any allowable changes or substitutions must be presented by the coach/school representative at the Sectional Seed Meeting. Coaches may make changes to their entries, times, marks and personnel. Only eligible participants listed on the Sectional Participant Information roster may be substituted in to events or added to open events. Coaches may not add athletes to their roster after the Online Entries Deadline or at the Seed Meeting. All changes must conform to the Individual Participant Limitations. No changes may be made to the Sectional Participant Information after the Seed Meeting.



8. **REVIEW ALL OF YOUR PARTICIPANT INFORMATION PRIOR TO THE SEEDING MEETING AND AT THE SEEDING MEETING. No changes may be made** to the Sectional Participant Information **after the seed meeting**. Contestants shall be allowed to participate only in those events in which they are entered. On the day of the sectional meet, there are no substitutions—only scratches.

B. Entry fees

1. The entry fee is \$55 per team.
2. The entry deadline is October 1, 2018.
3. The final entry deadline is November 1, 2018
4. Schools who wish to compete in the Sectional Track Meet must submit their entries on-line through the IESA Member School Center.
5. Late entry fees are doubled.
6. Entry fees will be refunded only upon request prior to initial entry deadline.
7. Late entry fees will be waived for schools designated as new members or for current member schools entering an activity for the first time which petition to participate in an activity after the initial entry deadline.
8. Any school who withdraws from the IESA state series without notifying the IESA Office or withdraws from the state series after the seeding meeting shall pay a \$50.00 penalty, the cost of the officials for the contest which they forfeited, and that school's share for one contest of any deficit assessment.

IV. ELIGIBILITY

To enter any of the tournaments a student must be eligible under all of the eligibility rules and conditions of the IESA.

A. Participation

1. A student becomes a member of the school team whenever the student practices with the team or appears in a contest.
2. No student is eligible to participate at the same academic grade level for two different school years in the same sport. This is true whether the student attended a member or a non-member school. Participation in one interscholastic contest in a sport constitutes one season of eligibility in that sport.
3. No student shall be a member of a team using ninth grade or high school students.
4. Athletic activities designated as seventh grade shall consist of contestants in grades five through seven. In all other athletic activities, fifth through eighth graders are eligible to participate.

B. Residence and Transfer

1. A student shall be eligible if he/she attends the member school in the district in which he/she resides.
2. If the parents of a student move from one school district to another during the school year, the student may retain eligibility for the remainder of the school year provided the student continues to attend the school in the district from which the parents moved.

3. In cases where ISBE has granted a legislative waiver for children of certified staff members to attend the school tuition free, the students shall have eligibility at the school where the certified staff member teaches.
4. A transfer student is one who transfers from one school to another school after the first day of classes at his/her school.
5. A student who transfers from one school to another school shall become eligible upon the eleventh day of attendance at the new school provided all eligibility requirements have been met.

C. Scholastic Standing

1. All contestants shall be in grades five through eight and shall not have passed eighth-grade standing.
2. A student shall be doing passing work as determined by the local school district in all school subjects and the school shall certify compliance with this by-law. Use of a player, contestant, or participant shall be deemed such certification.
3. For all IESA activities, athletic as well as non-athletic, passing work shall be checked weekly. Eligibility will be applied to the Monday through Saturday following the week that was checked. Students must be passing each subject each week to be eligible. Grades shall be cumulative for the school's grading period.
4. The eligibility check shall be the same day each week unless school is not in session; then it must be taken on the last day of student attendance that week.
5. For fall sports, the first eligibility check shall be made following the first full week of attendance at the beginning of the school year. During the succeeding weeks of the school year, the eligibility check shall begin the week prior to the first contest in an activity.

D. Age

1. For seventh grade track sponsored by a member school, a student shall be eligible through age fourteen (**14**). If a student in a seventh grade athletic activity becomes fifteen (15) from the beginning date of practice as determined by the IESA standardized calendar through the final event in the state tournament series, he/she is not eligible to participate in that activity. For boys and girls track, the final date of eligibility shall be governed by the member school's size classification.
2. For eighth grade track, a student shall be eligible through age fifteen (**15**). If a student in that activity becomes sixteen (16) from the beginning date of practice as determined by the IESA standardized calendar through the final event in the state tournament series, he/she is not eligible to participate in that activity. For boys and girls track, the final date of eligibility shall be governed by the member school's size classification.
3. Each student must provide the school principal with a birth certificate before practice or participation in any athletic activity. This must be a birth certificate or hospital record or a thermostatic copy of such. A baptismal certificate is not acceptable.
4. A student shall be permitted to try-out for those activities for which he/she is eligible by age.

E. Physical Examination

1. No student shall be permitted to compete in a try-out, practice, or game unless such student has filed with the principal a certificate of physical fitness issued by a licensed physician, physician's assistant, or nurse practitioner as set forth in the Illinois State Statutes not more than 395 days preceding such tryout, practice, or contest in any athletic activity.
2. Any student who is not allowed to participate in interscholastic activities as the result of a physician's directive may not return to play until they have received written clearance from a physician and a signed consent form from their parent/guardian.

F. Amateurism

1. As the result of participating in the IESA state series (regional, sectional, state) a student in a member school may accept any award (except cash) which does not exceed \$100.00 in fair market value, in the following sports: baseball, basketball, cross-country, softball, track, volleyball, and wrestling.
2. A student in a member school may accept a school letter for an interscholastic sport, regardless of cost.
3. Violation of the provisions of By-law 3.070 shall cause ineligibility in the sport in which the violation occurred. An official ruling must be secured from the Executive Director before any student who violates these rules may be reinstated to eligibility.

G. Participating Under an Assumed Name

In the event students participate in interscholastic competition under any other name than their own, the principal shall immediately suspend violators from further interscholastic participation. The future interscholastic participation of violators and/or persons contributing to a violation shall then be considered by the Board of Directors.

H. Coaching School/Lesson Participation

1. A student who is a member of the school team in a sport may participate, depending on local school district policy, in any coaching school/camp during that interscholastic sport season.
2. A coaching school is defined as any program sponsored by an organization or individual which provides instruction in sports theory and skills to groups of persons.
3. Students may participate in school physical conditioning programs, be used for demonstration purposes in coaches' clinics, and/or receive private lessons.

I. All-star participation

1. Students shall not participate in any all-star competition in a sport during that sports season, either as a part of a team or individual.

J. Open Gym and Summer Participation


Schools may open their gymnasiums or facilities for recreational activities to students or other persons who reside in or outside their district under the following conditions:

1. A variety of recreation activities are available during the course of the year.
2. There is no coaching or instruction in the skills and techniques in any sport at any time.
3. Participation is voluntary and is not required directly or indirectly for membership on a school squad.
4. Comparable opportunities are afforded to all participants.

K. Provisions for Out of Season Contact

After the official ending date of a sport season (according to the date listed in Division 4 of the IESA Handbook) students from the same member school may play together in a sport provided the school has no affiliation with the activity. In addition, a coach may coach the students from the school provided he/she is not coaching the students as an official representative of the school and is not receiving any school compensation for coaching.

V. SEASON LIMITATIONS

- A. No member school participating in the boys and/or girls state series shall organize, hold tryouts, or practice prior to Monday of Week 35 in the IESA standardized calendar.
- B. Only schools which have an established school team which has participated in at least three interscholastic contests prior to the sectional seeding meeting during the current season may participate in team competition.
- C. A member school may conduct its first interscholastic contest in boys and/or girls track no earlier than Monday of Week 37 and its last interscholastic contest in boys and/or girls track no later than Saturday of Week 49 in the IESA standardized calendar.
- D. No athletic team for any member school may compete against an "all-star" team.
- E.  **Team Season Schedules:** Complete season track and field schedules must be submitted online by the Monday of week 39 in the IESA standardized calendar.

VI. INDIVIDUAL LIMITATIONS

- A. In all interscholastic track and field meets, students are allowed to participate in a maximum of four (4) events. Relay teams may list a maximum of five athletes- four runners and one alternate. Any four of the five runners listed may run

at either the sectional or state level of competition. Students may only be listed in two relays. If a student participates in two relays, one of the relays must be the 4x400. **Regardless of the participation grade level, no student may participate in both the 4x100 relay and the 4x200 relay.**

Athletes listed as a relay alternate will not have an event count toward their event total unless they participate in that event. Athletes may be listed as an alternate for both the 4x100 and 4x200 M Relay, but may only participate in one of those relays.

- B. Each student shall be limited to participation in only one track division (7th grade or 8th grade) per meet with the exception of relays.

Students in grades 5-7 competing at the 7th grade level of individual competition may compete in:
one relay at the 7th grade level and one relay at the 8th grade level; or
two relays at the 7th grade level; or
two relays at the 8th grade level.

Students in grades 5-7 competing at the 8th grade level of individual competition may compete in:
one relay at the 7th grade level and one relay at the 8th grade level; or
two relays at the 7th grade level; or
two relays at the 8th grade level.

Students in eighth grade may only compete at the 8th grade level.

- C. In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

Q. The individual limitation only permits a student to compete in two relays in the regular season and state series. If my team is competing in a specialty relay only meet can an individual compete in four relays?

A. If the specialty meet offers only relays then an individual may compete in four events

VII. COACH QUALIFICATIONS

To serve as a Head or Assistant Coach, athletic coaches in member schools in the sports in which the school participates in the IESA state series must:

- (a) be regularly licensed by the ISBE as a teacher, administrator or school service personnel (i.e. counselor, social worker, speech therapist, etc.); or
- (b) be a retired teacher/coach from an IESA or IHSA member school; or
- (c) be a college student coaching as part of an official student teaching assignment; or
- (d) be certified through an IESA approved coaches education program, AND
- (e) be a high school graduate or equivalent (see exception), and
- (f) be officially employed by the local school board of the member school.

The following courses have been approved by the IESA Board of Directors: IESA/Human Kinetics Coaching Essentials course; IHSA/Human Kinetics Coaching Principles or Coaching Orientation course, or NFHS Fundamentals of Coaching Course.

A person with a substitute only license must complete one of the approved coaching education courses in order serve as a coach.

Coaches in the activities of bowling, cheer, and golf must meet the Qualifications of Athletic Coaches criteria.

High school students may be assigned to assist with the coaching of athletic teams in a member school provided they are under the direct supervision of an individual who is qualified to coach.

Any coach who does not meet the IESA coaching qualifications as detailed above will be suspended for a minimum of two games and will not be permitted to coach again until he/she completes an IESA approved coaching education course. This includes practices as well as contests.

Additional sanctions may be applied by the Board of Directors to schools with multiple violations for non-compliance with the coaching education By-Law.

GENERAL

Q. How often does a coach have to take the approved coaches education course?

A. Once.

Q. All of my coaches, including my cheer coach, are certified teachers. Can we require that they complete the coaching education course?

A. Yes. This would be a local policy requiring such completion.

Q. What activities require coaching education?

A. Golf, Softball, Baseball, Cross Country, Girls and Boys Basketball, Cheer, Volleyball, Wrestling, Bowling, as well as Track and Field.

Q. May a person with a substitute only license coach?

A. No, unless they complete an approved coaching education course.

STUDENT TEACHERS

Q. May a student teacher assist with the coaching of an athletic team?

A. Yes, provided it is part of the student teaching experience.

Q. May student teachers continue coaching their student teaching assignments after the regular student teaching period ends?

A. Yes, provided their college or university authorizes the continuation.

VOLUNTEER COACHES

Q. May a person volunteer to coach without pay at a member school?

A. Yes. However, whether a person is paid to coach or is a non-paid volunteer, the person must meet the qualification requirements of By-Law 2.110 and its sub-sections.

RETIRED TEACHERS

Q. Does the provision for coaching by retired teachers refer only to persons immediately retired from teaching, or to retired teachers regardless of the date of their retirement?

A. The by-law simply states "...a retired teacher from a member school." This statement is interpreted literally. It permits a school to utilize any retired teacher from a member school as a coach, without needing approval of the person as a non-faculty coach.

MINIMUM AGE OF NON-FACULTY COACHES

Q. Is there an age minimum for non-faculty and/or non-certified personnel who can serve as a head coach?

A. The Board of Directors interprets the provisions of this By-Law to require non-faculty and/or non-certified head coaches to be a high school graduate or equivalent.

COACHING CERTIFICATION NOT REQUIRED

Q. Are there any IESA activities where the coach of a given activity would not be required to take a coach's certification test?

A. Yes. Coaches/instructors for music, speech, scholastic bowl, and chess are not required to have coaching certification.

HIGH SCHOOL STUDENTS AS COACHES

Q. I have a high school student assisting our wrestling squad. My head coach was ejected from the contest. May the high school student take over as the head coach for the remainder of the match?

A. No. You would have to forfeit the remaining matches of the meet unless there is an individual who meets the coaching education requirement in attendance who can assume the duties of the head coach.

Q. May the high school student we have assisting my volleyball coach be the only coach in the gym when my head coach had to miss practice?

A. No. The high school student who is assisting shall never assume coaching duties unless he/she is under the direct supervision of a coach qualified under the provisions of 2.110.

Q. May we use high school students to demonstrate skills at practice?

A. Yes, provided they are only demonstrating skills and not practicing against or with the middle school athletes.

VIII. SEEDING

A. Seeding

1. It shall be the responsibility of the sectional track host to invite the coaches of the participating schools to a seeding meeting on Wednesday prior to the date of the meet.
2. The Class A seeding meeting is to be held on **May 1**, and the Class AA seeding meeting is to be held on **May 8**.
3. It is mandatory for the head coach (or another school representative) to attend the Sectional Seed Meeting. If a head coach (or another school representative) is not in attendance at the seeding meeting, the Sectional Meet Manager should seed the athletes from the non-attending school and contact the IESA administrator at the IESA Office immediately the following morning.
 - a. Sectional managers may accept requests from schools to make exceptions for attendance at the Sectional Seeding Meeting. A letter requesting an exception for attendance must be sent to the Sectional Manager and signed by the school's principal or official representative prior to the beginning of the scheduled Seed Meeting.
 - b. If the coach (or other school representative) fails to comply with these provisions, the coach and/or the competitors from that school may be sanctioned.
 - c. It is the responsibility of the Head Coach to contact the Sectional Host immediately if for any reason they experience an emergency situation that would not allow them to get to the seeding meeting on time (flat tire, traffic accident, etc.). Sectional managers are encouraged to provide participating coaches with a phone number to be used in case of an emergency.

If a coach or school representative fails to attend the track and field seeding meeting, the following sanctions will be applied:

- a. **Non-attendance first meeting:** School will be placed on probation.
 - b. **Non-attendance second consecutive meeting:** School will be able to participate in the track and field state series of the current year but will not be able to participate in the track and field state series of the following year. The school may pay a \$250 fee for reinstatement to the state series.
4. Schools should submit online their Sectional Participant Information prior to the Sectional Seed Meeting. Coaches should take a copy of their Sectional Participant Information to this meeting. The participant information each school submitted on-line will be electronically forwarded to the host schools prior to the seeding meeting.
 - a. Participant times shall be submitted in tenths of seconds (Example: 10.2)
 - b. Manual times should be rounded up to the slower tenth of a second (Example: 10.21 should be reported as 10.3)
 - c. All times entered for the sectional meet must be manual times.
 5. Heats should be drawn up and lanes may be assigned for track events and flights determined for field events on the basis of the Sectional Participant Information.
 6. Substitutions to the online Sectional Participant Information may be made at the seeding meeting.

Changes to Sectional Participant Information will be allowed at the sectional seeding meeting. Any allowable changes or substitutions must be presented by the coach/school representative at the Sectional Seed Meeting. Coaches may make changes to their entries, times, marks and personnel. Only eligible participants listed on the Sectional Participant Information roster may be substituted in to events or added to open events. Coaches may

not add athletes to their roster after the Online Entries Deadline or at the Seed Meeting. All changes must conform to the Individual Participant Limitations. No changes may be made to the Sectional Participant Information after the Seed Meeting.

7. Coaches shall scratch names of those not participating and make any corrections at the seed meeting. Corrections shall also be sent to the IESA Office.

8. Teams without official entries at the seeding meeting shall be disqualified from sectional participation.

9. Times submitted for seeding purposes in all individual track events at the Sectional Seeding Meeting shall be times actually achieved at metric distances during the current outdoor Track and Field season.

In a relay event, only a time actually achieved at the metric distance during the current outdoor Track and Field season may be submitted for seeding purposes. Coaches may not submit combined individual times as a relay time.

All times entered for the sectional meet must be manual times.

10. Marks submitted for seeding purposes in the field events at the Sectional Seeding meeting shall be English distance marks actually achieved during the current outdoor Track and Field season.

11. The state meet shall be organized on the basis of the sectional results.

IX. ADVANCEMENT OF WINNERS

The top sectional finisher shall advance to the state final meet. In addition, any individual or relay team who equals or surpasses the qualifying marks listed for each particular class and level as detailed in the track information sent from the IESA Office to each participating school shall advance to state level competition.

Contestants who meet the qualifying standards in the preliminaries or semi-finals of the hurdles or 100 meter dash at the sectional meet but do not finish first in the finals shall advance to the state meet. For those athletes who have qualified for the state meet in the preliminary or semifinal heats of the 100 M Dash and/or Hurdles, participation in the final heat of these events is required unless hindered by injury or illness. Should injury or illness affect an athlete's ability to participate in the final, the athlete's qualifying mark will stand.

If the first place finisher in a Sectional event scratches prior to the State meet, no athlete will be promoted to the vacant position.

In the sectional Pole Vault and High Jump competitors must clear, at a minimum, the required opening height to be eligible for advancement to the state meet.

X. TOURNAMENT STRUCTURE

A. Sportsmanship Card

All head coaches must indicate that their students are in compliance with the sportsmanship and eligibility standards when completing their online Sectional Participant Information.

The IESA Pass list must be shown at the state track meet in order to secure a school's packet of materials.

B. Scoring

In sectional meets, six places shall be scored 10,8,6,4,2, and 1 point, respectively, for all events. At the state meet, eight places shall be scored 10, 8, 6, 5, 4, 3, 2, 1.

In case of ties, all points earned shall be evenly divided.

For example: Two contestants tie for fourth place in the 400m dash. Fourth and fifth place scores are added together (4+2) and each team receives 3 points—no fifth place is awarded.

There cannot be a tie for any places in the 100m dash or the hurdles. Places 1-6 must be designated.

No points shall be awarded in the pole vault or high jump if starting heights are not equaled.

There shall be eight finalists in all field events at the sectional level. The number of finalists in all running events at the sectional level shall be determined by the number of available lanes. If the sectional track has eight lanes, then there should be eight finalists in all running events. If the sectional track only has six lanes, then there should be six finalists in all running events. **However, in all events, only six places are scored.**

C. State Meet Packet

The administrator of each school participating in the state track meet shall be required to submit a signed list of the competitors and coaches from the school to be presented at the pass gate of the state track site.

The IESA pass list must be shown at the state track meet in order to secure a school's packet of materials.

D. Records

Any record established in the state final athletic competitions shall be considered as the Illinois state grade school (IESA) record for that event. Marks established in competitions other than the state finals shall not be considered.

When fully-automatic timing is used for the state track meet, track records shall be established in hundredths of a second in running events. Note: All IESA running event records prior to 1994 have been changed to fully-automatic times.

XI. TOURNAMENT RULES

- A. All interscholastic athletic games, meets, and contests participated in by IESA member schools shall be governed only by the rules written or officially adopted for those respective sports by the National Federation of State High School Associations and modified by the IESA. Schools hosting IESA state series contests that do not uphold the By-Laws or Terms and Conditions of a given activity governing the conduct of those contests may be subject to sanctions as determined by the Executive Director.
- B. At the State Track and Field Meet, field events may be conducted indoors if conditions deem it necessary.
- C. If the State Track and Field Meet can only be run on one day due to bad weather, then races run in preliminaries could be run in finals only and will be determined by the state final manager and the IESA.
- D. The host school shall not make its track and facilities available to the visiting teams for practice sessions.
- E. All omissions from the state track and field meet shall be reported within 24 hours of posting of the state qualifiers or by Wednesday by 4pm whichever is later. Omissions reported after this deadline will not be added to the state meet.
- F. Starting Blocks: Blocks that are adaptable to the track surface without potential damage to the surface may be used by contestants; otherwise, starting blocks are provided by the management and must be used by the competitors that use blocks.
- G. Sectional reseeding may occur after the pre-meet scratch meeting for all running events. Any lanes vacated during the course of the meet shall remain vacant.
- H. A Sectional Games Committee must be appointed for each Sectional meet. The Games Committee shall be established at the sectional seed meeting. The Sectional Games Committee shall be comprised of the Sectional manager and two (2)

head coaches present at the seeding meeting. Additionally, two (2) alternates should also be appointed at this time. The Sectional Games Committee shall conduct itself within IESA and NFHS Track and Field Rules. In accordance with NFHS Rule 3-2-4, the Sectional Games Committee shall act as the final Jury of Appeals for all appeals. The Jury of Appeals shall act in accordance to National Federation Rule 3-5. Situations **NOT** subject to appeal:

1. Any judgment decision pertaining to violations or alleged violation of the rules.
 2. A decision made by the finish judges or timers that does not involve misapplication of a rule, or the terms and conditions or competition.
 3. Whether a start is fair and legal.
- I. Schools who plan to enter athletes into Pole Vault must notify their Sectional Host prior to the sectional seed meeting of their intent. It is preferred that the Pole Vault be conducted at the assigned sectional site at the time of the sectional meet. However, due to increasing difficulties in obtaining sectional sites capable of conducting Pole Vault, the Pole Vault may be conducted at a different location prior to the Sectional (preferably Friday). If this is necessary, all schools competing must be:
1. Notified of the new location and time of the event.
 2. The event must be conducted at a time that would not prohibit the competitors from competing in any other event at the Sectional Meet.
 3. The Sectional manager would assign a non-biased individual to officiate the event.
 4. All competitors must have a coach accompanying them.

XII. TOURNAMENT POLICIES

- A. **SIGNS:** The displaying of signs, banners, placards, balloons, or constructed frames through which players run is prohibited. Local tournament managers should not permit these devices to be brought into the playing areas.
- B. **NOISE-MAKING DEVICES:** Tournament managers should not permit spectators to bring mechanical noise-making devices, megaphones, radios, or tape players into the playing area of the state tournament contest.
- C. **COMMUNICATION DEVICES:** The competition/restricted area shall be free from electronic devices. This includes, but is not limited to: headphones, CD players, cell phones, radios, iPods, etc.
- D. **VIDEO-TAPING:** will be allowed in unrestricted areas and may be used for review with an athlete in these areas. It may not hold up the running of an event or be used for review of a referee's decision.
- E. No alcoholic beverages shall be served at any IESA activity where there are students participating.
- F. Smoking is not permitted at the state finals facility (Eastside Center).
- G. If players or representatives of any school entered in an IESA state series tournament are found guilty of carelessly or maliciously breaking, damaging, or destroying property or equipment belonging to the host school or other visiting schools, such school shall be held responsible for costs incurred in repairing or replacing such property or equipment.
- H. The host school shall not make its playing fields available to the visiting teams for practice sessions.
- I. Athletic uniforms may not show any commercial or non-school advertising and must be in compliance with the NFHS uniform rules for the respective sport. Warm-ups that are worn by the competitors may show commercial or non-school advertising.
- J. The Sportsmanship Review Panel shall consist of an IESA administrative staff member, a member of the sportsmanship advisory committee as well as no less than one member of the Board of Directors.

- K. Any school that receives two ejections in a school year that school administration shall be required to communicate in writing with the Sportsmanship Review Panel on the steps the school is taking to address the issue. The panel may recommend additional sanctions to the Board of Directors if they deem necessary.
- L. Prayer at an IESA state series contest that takes place over a public address system is prohibited.
- M. Schools serving as a host must have signage in accordance with the Concealed Carry Act 430 ILCS66. This includes an IESA event that is held on school property and IESA events held off-premise (i.e. parks).

XIII. EXCEPTIONS TO NATIONAL FEDERATION RULES

- A. The latest National Federation of State High School Associations rules shall govern the rules of play for all athletic activities with the following exceptions: [Number in parentheses indicate National Federation rule numbers.]
- B. The 200m dash, the 400m dash, the 800m run, the 1600m run, the 4x100m relay, the 4x200m relay, and the 4x400m relay shall be run only in finals against time in all classes at all levels of state series competition. [5-5]
- C. One false start shall be permitted each contestant in each race. [5-7-4]
- D. Shot put should weigh a minimum of 8.81 lbs. (4.0 kilograms) with a diameter of 3 ¾" to 4 ¼" (9.50 to 11.00 centimeters). Discus should weigh a minimum of 2.20 lbs. (1 kilogram) with a diameter of 7.0866 to 7.16534 (180-182 millimeters). [6-4-2, 6-3-2] **Note: IESA boys and girls throw the same shot and discus in competition.**
- E. 100m low hurdles for girls are 30" (.762 meters) in height with 42 ft. 8 in. (13 meters) to the first hurdle and 27 ft. 10 ¾ inches (8.5 meters) between each hurdle. There are 10 hurdles in this race. 110m low hurdles for the boys are 30" (.762 meters) in height with 45 ft. (13.72 meters) to the first hurdle and 30 ft. (9.144 meters) between each hurdle. There are 10 hurdles in this race. [5-3-8]
- F. Name and/or numbers of identical color and design on the same place of all members' uniforms shall be ruled identical. [4-3-1, 4-3-4, 4-3-5]
- G. Spikes up to 5/8" in length shall be permitted on cinder and/or grass tracks. The state host shall determine the length of spikes allowed at the state meet. [4-3-1a, 7-2-15] **Only ¼" pyramid spikes will be allowed at the state meet. Athletes must report to all events with the appropriate spike length. Those athletes with illegal spikes will be asked to leave the event to make the necessary corrections. Athletes who are not present for their heat, section, or flight will not be granted an additional opportunity to compete.**
- H. For the IESA Track and Field State Series, there shall be three trials in preliminaries and three trials in finals of the long jump, shot put, and discus throw. At the state meet, preliminaries will be run in flights. Once a competition has begun, except as scheduled, competitors are not allowed to use for practice purposes the runway, ring, take-off area or throwing implements associated with the competition.
- I. The preliminaries for the low hurdles and the 100m dash at the state track meets shall have heat and lane assignments by sectional times. [5-6]
- J. **At the Sectional Meet for the 100 M Dash and the Hurdles, races may be run in multiple rounds. The number of rounds may be reduced as dictated by the number of competitors. If the Sectional meet is being timed manually, hosts must use multiple rounds as dictated by the number of competitors. If the Sectional meet is being timed by FAT, those races will be run with a preliminary round and a final round. The competitors advancing to the finals will be the heat winners and the next fastest times, as needed, regardless of place. At the State Meet, the 100 M Dash and the 100/110 Hurdles will be run with a preliminary round and a final round. Heat winners and the next fastest times, as needed regardless of place, will be advanced to the finals. [5-5 and 5-6].**

- K. The fully-automatic timing (FAT) operator may recall a start. [3-8-8]
- L. When it is necessary to use manual backup times on missed heats in running events, they shall be immediately adjusted to fully-automatic timing (FAT) by the chief finish evaluator. [3-8-3]
- M. All high jump contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. At the state track meets, the high jump shall be conducted in flights. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 2" at a time until the designated height is reached. For all jumps attempted after the designated height has been achieved, the bar will be raised 1" at a time. [7-4]
- N. At the state track meets, the pole vault shall be run "five alive". All pole vault contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 6" at a time until the designated height is reached. For all jumps attempted after the designated height has been achieved, the bar will be raised 3" at a time until one contestant remains. [7-4]

For the sectional and state meet, coaches will be required to complete the Pole Vault Weight Verification card. The verification card can be found on-line at iesa.org.

- O. Clerical or team score errors may be corrected at any time by the IESA at any time.

P. UNIFORMS

Uniforms may be taped or knotted when done for the purpose of allowing a better fitting uniform. [4-3-1b3]

Competitors shall wear school issued track and field uniforms that meet the IHSA interpretations that follow:

1) NFHS Rule 4-3-1 —

- One or two-piece bodysuits, similar in color can be worn.
- Only undergarments approved by the school and coach, similar in color can be worn.
- Stripes down the side of the uniform will not be an issue.
- Once a running event or a field event has begun, there can be no disqualification for improper uniform.
- Competitors must compete in a school issued uniform that complies with NFHS Rule 4-3-1. It is the responsibility of the meet referee, starter, clerk of the course, and/or the respective field event head judge to inspect competitor uniforms prior to the start of the race or field event. They are not to knowingly allow a competitor in an illegal uniform to participate in the race or field event. If a field event judge or clerk of the course is uncertain whether a uniform complies with NFHS Rule 4-3-1, the clerk of the course or judge shall obtain a ruling from the meet referee or starter before starting the event. Referee, Starters, Clerks of the Course, and field event judges must be aware that schools may have multiple uniforms that they issue to their athletes. Athletes from the same school may participate in the same event in different school issued uniforms.
- If a competitor changes from an inspected uniform to jersey, shorts, undergarment(s), and/or any other unapproved items, and competes in the meet in an illegal uniform, the athlete is disqualified from the event and the meet for unsportsmanlike conduct.

2) NFHS Rule 4-3-2: In relay races:

- The clerk of the course, referee or starter shall not disqualify a team if the uniform worn by all runners is not identical.
- The color of the shorts for all relay runners and the color of the track jersey (singlet) for all relay runners must be similar.
- The printing, design and/or lettering on the track jersey (singlet) must be such that each relay runner's school can be easily identified, and that as a person views the four track jerseys (singlets) together they appear similar and the relay runner's team is easily identified. The rule for undergarments will be interpreted the same as for the uniform (i.e.; must be similar).

3) Contestants wearing jewelry will be permitted to compete. Narrow headbands to keep the hair from interfering with the contestant's vision will be permitted. Contestants with painted bodies or faces as well as costumes, adornment or items deemed unsafe will not be permitted to compete nor participate in awards ceremonies. Medical alerts must be worn so they are visible.

4) Watches may be worn by competitors during track and field competition.

XIV. SPORTSMANSHIP

Any coach ejected from a contest for unsportsmanlike conduct shall be ineligible **for the next two (2) interscholastic contests** at that level of competition, and all other interscholastic contests at any level in the interim, in addition to other penalties the IESA or school may assess. Any coach ejected for unsportsmanlike conduct a second time in any activity during the school year, shall be ineligible for all remaining interscholastic contests the day of the ejection and the next five (5) interscholastic contests at the level at which the ejection occurred (and all other interscholastic contests at any level in the interim), in addition to other penalties the IESA or the school may assess.

Examples: 1: A basketball coach is ejected twice during the course of the season. The coach is not allowed to attend the next five contests following the second ejection;

2: A coach is ejected one time during the baseball season for unsportsmanlike conduct and one time during the basketball season also for unsportsmanlike conduct. That coach is not allowed to attend the next five basketball contests following the second ejection.

Any player ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic contest at that level of competition, and all other interscholastic contests at any level in the interim, in addition to other penalties the IESA or school may assess. Any player ejected for unsportsmanlike conduct a second time in any activity during the school year, shall be ineligible for all remaining interscholastic contests the day of the ejection and the next two interscholastic contests at the level at which the ejection occurred (and all other interscholastic contests at any level in the interim), in addition to other penalties the IESA or the school may assess. Example: A basketball player is ejected twice during the course of the season. The player is not allowed to participate in the next two contests following the ejection; a player is ejected one time during the baseball season for unsportsmanlike conduct and one time during the basketball season also for unsportsmanlike conduct. That player is not allowed to participate in the next two basketball contests following the second ejection.

Any player or coach ejected from a contest for unsportsmanlike conduct who fails to sit out the remaining interscholastic contest(s) as required in By-Laws 5.121 and 5.122 shall cause the team(s) to forfeit that contest and possibly receive other penalties as determined by the Board of Directors.

XV. FINANCIAL ARRANGEMENTS

- A. The track sectional financial report will be sent to host schools.
- B. If a track sectional host does not have the facilities to charge admissions, a request can be made to the IESA Office for an amount equal to what is paid to the sectional starter. If the reimbursement is made, no assessments shall be made to participating schools.
- C. If there is a deficit in a sectional track meet, participating schools may be assessed by the host school on a per-team basis. Assessments shall be paid directly to the host school and shall not be sent by participating schools until the financial report is approved by the Executive Director.
- D. **State Meet:** Each member school hosting a state level athletic activity shall send all receipts and the vouchers for workers and expenses to the IESA Office within one week after the completion of the tournament. Expenditures not permitted shall be detailed on the financial report forms. One-third of the profit shall be returned to the host school and two-thirds of the profit retained by the IESA. Deficit expenditures shall be paid by the IESA. The state tournament host shall receive an amount approved by the Board of Directors as their share of the T-Shirt concession sales.
- E. Any outside vendors besides concessions at state tournament events shall be contracted at least one month in advance through the IESA Office instead of the host school.

F. Admission prices:

Meet	K-8 Student and Senior Citizens	Adults and High School Students
Sectional	\$3.00	\$5.00
State	\$5.00	\$10.00



G. Tournament Passes:

The administrator of each school participating in the state track meet shall be required to submit a signed list of the competitors and coaches from the school to be presented at the pass gate of the state track site.

IESA and IHSA media passes are honored.

IESA Pass Cards will grant the holder plus one guest admission to regular season contests between IESA member schools only. Pass cards will not be accepted for the IESA Track and Field State Meet.

XVI. AWARDS

- A. Plaques shall be awarded to the first place team winner in all track sectionals. In case of a tie, a flip of the coin shall determine which team takes the award. Duplicate awards shall be made and should immediately be ordered by the host school from the IESA Office.
- B. Trophies shall be awarded to the first, second, third, and fourth-place winners in state final competition. When there is a tie for first place, no second place trophy shall be given; when there is a tie for second place, no third place trophy shall be given. In case of a tie, a flip of the coin shall determine which team takes the trophy home and a duplicate shall be ordered for the other school. Schools may purchase team medals at their own cost.
- C. Ribbons will be presented to the first, second, third, fourth, fifth, and sixth-place winners in all sectional track meets. Medals will be presented to the first, second, third, fourth, fifth, sixth, seventh, and eighth-place winners in the state final track and field meet. Relay teams that place at the sectional meet shall receive five ribbons. Relay teams that place at the state meet will receive five medals. In case of ties at sectionals, a flip of the coin will determine which contestant takes the award. Duplicate awards will be made and should be immediately ordered by the host school from the IESA Office in the appropriate place on the track results forms. At the state finals, duplicate medals will be awarded for ties. When there is a tie for first place, no second place shall be given; when there is a tie for second place, no third place shall be given, etc. No awards shall be presented in the pole vault or high jump if starting heights are not equaled. Unused awards should be returned to the IESA Office as soon as possible.

XVII. OFFICIALS

- A. It is recommended that member schools use Illinois High School Association officials registered in track and field for all regular season contests. Coaches from participating teams should never be the contest officials.
- B. For the IESA state track and field series, only officials registered by the Illinois High School Association in track and field shall be used.
- C. All contest officials shall be familiar with IESA contest regulations for track and field.
- D. The IESA Office shall contract one official meet referee/starter and one assistant starter for the sectional track and field meets.

- E The IESA Office will be responsible for contracting the officials for the State Finals.
- F. Starter/Referee shall make all decisions regarding the rules of play. Their judgments and decisions are final and cannot be protested.
- G. **Payment**
- 1) Payments of \$175.00 per meet at the sectional level for sectional track starters (*host schools are now required to provide shells*).
 - 2) An assistant starter should be paid \$175.00.
 - 3) At the state meets, the meet referee shall each receive \$290.00, the Head Field Referee \$200.00, the assistant referees (4) \$180.00, and the boys starter and the girls starter shall each receive \$180.00.
Individuals operating the FAT timing equipment and the public address announcer shall each be paid \$150.00