

IESA Activity Information

Illinois Elementary School Association

IESA Season Introduction

Please distribute/review this information with Association members.

As an official with the IHSA in the sport of cross country, you may occasionally officiate meets at the junior high level. When those contests involve members of the Illinois Elementary School Association (IESA), rules of play are exactly the same as the National Federation rules with some exceptions. The exceptions for each activity will be listed in the information contained in this handout.

If you have questions pertaining to the

IESA, or if you would like to add your name to our approved list so you can be eligible to receive state series assignments at the junior high school level, please contact us at 309-829-0114 or iesa@iesa.org. You must be registered with the IHSA for at least 5 years before you will be considered for a state assignment.

Good luck this season!

2014-15

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Cross Country 2

IESA Staff

Steve Endsley, Executive Director: Baseball, Cross Country, Wrestling

Nicole Schaeftbauer, Associate Executive Director: Girls/Boys Basketball, Bowling

Julie Cochran, Assistant Executive Director: Volleyball, Track and Field, Golf

John Venerable, Assistant Executive Director: Softball

IESA Sportsmanship Initiative

- * Sportsmanship continues to be a point of emphasis for the IESA.
- * The IESA continues to enforce the automatic next game suspension for an unsportsmanlike ejection.
- * Any official who ejects a coach or player from an IESA contest should report the incident to the IESA Office within 48 hours of the contest. Forms are available on the IESA website (www.iesa.org) by accessing the Official's Department.
- * Good Sport Report Forms are also available online. If you encounter an act of good sports-

manship at a contest, please submit a good sport report to the IESA Office. The IESA will post the report online and send a copy to the school.



IESA Exceptions to NFHS Cross Country Rules

- Distance for both boys and girls shall be set at 3200 meters with boys and girls running in separate races. [9-1-1]
- The finish line for the state meet shall be at the mouth of the chute. At the state final meet, computer scoring shall be used. The NFHS Track and Field and Cross-country Rules Book allows for this scoring method. The finish line area shall be set-up in accordance with National Federation rules. The local managers of regular season meets shall determine the finish area for their meets. [9-1-3; 9-3-3]
- Sectional hosts that do not use a chip scoring/timing system must have their finish line in accordance with NFHS rule 9-1-3(d). The finish line for all races shall be at the mouth of the chute. [9-1-3]
- One false start shall be permitted each contestant in each race. [9-7-1]
- Names and/or numbers of identical color and design on the same place of all members' uniforms shall be ruled identical. [9-6-4]
- Uniforms may be taped or knotted when done for the purpose of allowing a better fitting uniform. [9-6-1(b-4)]
- A race **may** be recalled by the starter if a runner falls in the first 100 meters due to contact with another runner.
- Unapproved adornment devices shall not be worn. [9-6-2-d]

IESA Cross Country Items of Interest

- The state series now consists of 3 classes due to the continued growth in the activity.
- There will be eight Class 1A sectionals; eight class 2A sectionals, and eight class 3A sectionals. The top 3 teams and the top five individuals not on one of the top 3 teams will advance to the state meet. Any runner who finishes 6th, 7th, 8th, 9th, or 10th at the sectional and is not on one of the top 3 qualifying teams will also advance to the finals.
- We have tried to compile a complete listing of all regular season invitational meets. That listing is available on the cross-country section of the IESA website: <http://www.iesa.org/activities/c/invitationals.asp>.
- **Effective immediately, watches and jewelry may be worn during competition.**

IESA Cross-Country Season Dates

Practice May Begin	August 4, 2014
Meets May Begin	August 16, 2014
Sectional Meet	October 11, 2014
State Meet	October 18, 2014

