

4.034 ***Exceptions to National Federation Rules***

Distance for both boys and girls shall be set at 3200 meters with boys and girls running in separate races. [9-1-1]

The finish line for the state meet shall be at the mouth of the chute. At the state final meet, computer scoring shall be used. The computer tag will be attached to an ankle strap, or laced into the shoe. Essentially the chip is used as a timing device. The NFHS Track and Field and Cross-Country Rules Book allows for this scoring method. The finish line area shall be set-up in accordance with National Federation rules. The local managers of regular season meets and sectional contests shall determine the finish area for their meets. [9-1-3; 9-3-3]

One false start shall be permitted each contestant in each race. [9-7-1]

Names and/or numbers of identical color and design on the same place of all members' uniforms shall be ruled identical. [9-6-4]

Uniforms may be taped or knotted when done for the purpose of allowing a better fitting uniform. [9-6-1(b-4)]

Watches are prohibited from being worn during all competition. [9-6-7 c]