

4.000 ACTIVITY BY-LAWS

The latest National Federation of State High School Association rules shall govern the rules of play for all athletic activities with the exceptions noted for each sport in Division 4. See Division 2 for governing rules for regular season and tournaments. Any record established in the state final athletic competitions shall be considered as the IESA record for that event. Marks established in competitions other than the IESA finals shall not be considered as a state record.

4.010 BOYS BASEBALL

4.011 Regional, sectional, and state level competition shall be held for Classes 1A, 2A and 3A. Regional and sectional competition sites will be assigned by the IESA office. If a regional or sectional site is not assigned by the IESA office, then schools assigned to that regional/sectional may contact the IESA office to indicate their willingness to host a state series contest. Actual state series competition dates shall be in accordance with the IESA calendar. Seeding shall be done online according to the timeline in the IESA standardized calendar. Bids for regional, sectional, and state tournament sites shall be forwarded to the IESA office. See Section 3.120 for seeding procedures. It is recommended that the starting time for the regional championship be set no later than 4:00 p.m. for those fields without lights.

4.012 Season Limitations

No member school participating in the boys baseball state tournament series shall organize, hold tryouts, or practice prior to Monday of Week 5 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in baseball no earlier than Wednesday of Week 6, and its last interscholastic contest in baseball no later than Saturday of Week 17 in the IESA standardized calendar. There is not a maximum number of season contest limitations.

Only schools which have an established school team which has played at least three (3) interscholastic contests prior to the online roster and record deadline in that sport during the current season may participate in team competition in Association-sponsored meets or tournaments.

4.013 IESA State Tournament Team Limitations

Each tournament team shall consist of a maximum of 18 uniformed boys whose names appear on the Regional Entry Form. Schools may make changes to the Regional Entry Form until the "Roster Closed" deadline date as detailed in the Activity Calendar that is posted on the IESA website. After the Roster Closed deadline, no changes will be permitted on the Regional Entry Form.

All tournament play shall be single elimination with the winning team advancing from regional to sectional and from sectional to state level competition. If an opponent incurs a violation in the state series that requires a contest or contests to be forfeited, the following policy will be followed:

- If the violation affects only one round of competition, the opponent within that round will be advanced on to the next round of competition within the state tournament series.
- If the violation affects more than one round of competition, no opponent from the preceding rounds of competition shall be advanced to the next round of competition within the state tournament series.
- The advancement of opponents shall be determined by the IESA office.

It shall be the responsibility of regional and sectional host schools to list the tournament winner on the IESA website after the conclusion of the tournament.

When a sectional site is not determined, the two regional winners shall contact each other, confirm the sectional site, and notify the IESA office as soon as possible. The IESA office will assist in determining the host school if needed. If both regional winners desire to host, a coin flip conducted by the IESA office will determine the host.

4.014 Exceptions to National Federation Rules

**Regulation baseball uniforms are not necessary. A minimum uniform shall be a baseball cap, shoes, long pants, and a T-shirt with numbers. [1-4-1]

**It is strongly recommended that coaches be attired in school colors although adult coaches are not required to be in the uniform of the team. [3-2-1].

**A regulation game shall be played to a full 7 innings (6 ½ if the home team is ahead). For regular season games, no inning shall start 2 hours after the first pitch of the game. The Homeplate umpire will be responsible for keeping time. Any inning in progress shall be completed. If teams are tied after the time limit has been reached it shall be considered a tie game. The current 10 run, 12 run, and 15 run rules remain in place. However, by mutual agreement before a game

begins, teams may play a 5 inning or 6 inning contest at which time the game will be considered a regulation contest. All state series games shall be played to 7 innings except in the case of a mercy rule game; a game shortened by weather or darkness; or the third-place game of the state finals. The third-place game shall be played to whichever happens first: 7 innings or 2 hours in time limit. The time limit is consistent with regular season rules, no inning may begin after 2 hours from the first pitch. If both teams are tied after this point, the game will continue using the international tie breaker rule until a winner is determined. [4-2-1; 4-2-3]

**The ten-run rule is in effect and the game shall end when the visiting team is behind 10 runs or more after 4½ innings, or after the 5th inning, if either team is 10 runs behind and both teams have had an equal number of times at bat. A 12 run rule is in effect and the game shall end when the visiting team is behind 12 runs or more after 3½ innings, or after the 4th inning, if either team is 12 runs behind and both teams have had an equal number of times at bat. A 15 run rule is also in effect and the game shall end when the visiting team is behind 15 runs or more after 2½ innings, or after the 3rd inning, if either team is 15 runs behind and both teams have had an equal number of times at bat. [2-17-1, 4-2-2]

**All regular season games that require extra innings to determine the winner shall start with a runner on second base and no outs. The runner placed on 2nd base shall be the player in the batting order position previous to the leadoff batter of the extra inning. Each team has the opportunity to bat each inning. The game is over when one team has the lead at the end of an inning.[4-2-2]

**The Suggested Speed-Up Rules pertaining to courtesy runners have been adopted. [2-33-1]

**Any state series game that is suspended for reasons of weather, darkness, or mechanical failure (i.e. lighting problems, power outage, water system problems), and does not meet game ending regulations as described in rule 4-2-3, will be treated as a suspended game and continued from the point of suspension when the game is able to resume. The line-up and batting order shall be the same as the lineup and batting order at the point of suspension. Pitching limitations will still apply whenever the game is resumed. The coach of the team trailing at the time of the suspension may forfeit the contest at which time the game will be considered a complete game. [4-2-3, 4-2-4]

**When a regular season game is stopped for any reason, the school administration of the participating schools may choose to do one of the following:

- Suspend the game and mutually agree to resume the game at the point of suspension at a later date and time; or
 - the team losing at the time of the suspension can forfeit and the team winning at this time would claim this as a win on their record; or
 - the team winning at the time of the suspension can forfeit and thus the team losing at this time would claim this as a win on their record; or
- the schools mutually agree to record the game as a "no game." [4-2-3, 4-2-4]

**Diamonds for all regular season and state series games shall be 80 feet square with the pitching distance at 54 feet. The distance from home plate to the middle of second base is 113 feet, 1 5/8 inches. All other sections of NFHS rule 1-2 should be followed. If a school desires to host the semi-final and championship games of the regional and/or a sectional contest, their field must have the specifications listed above and a fence 225 feet or more from home plate. The recommended minimum distance from home plate to the backstop is 20 feet. Schools should not apply to host a regional or a sectional if their field does not meet these requirements. In cases where no field meets these specifications, then the schools assigned to the regional will meet to determine the regional host. First-round regional games which are played at the site of the higher seeded teams do not have to meet the home run distance. [1-2-1]

**The use of Safe-Base, or a manufactured reproduction thereof, shall be mandatory in all regular season and tournament play. No game shall be played unless the Safe-Base is in use. The rules pertaining to Safe-Base shall be as follows: The batter-runner should use the orange portion only on the first attempt at first base. A runner is never out for touching the white base rather than the orange portion. Once the runner reaches first base, the runner shall then use only the white base. The defensive player may use only the white portion of the bag in making any play at first. One exception--On a missed third strike the first baseman may use the orange portion for the putout throw from the catcher. A batted ball must hit totally in the orange to be foul. [1-2-9]

**Portable pitching mounds be allowed for postseason play under the following conditions [1-2-7]:

1. The size of the portable mound will be as such where a pitcher may step back off the pitching rubber, stride towards home plate during a pitch, or execute a pick off move to any base without stepping off the mound.
2. The size of the portable mound will be as such where a pitcher may step back off the pitching rubber, stride towards home plate during a pitch, or execute a pick off move to any base whereas the slope in each direction would be equivalent to that of a normal regulation dirt mound.
3. The portable mound will be free of any defections, including holes, tears, and loose material on any parts of the mound.

**The on-deck batter may use either on-deck circle. The on-deck batter may only move to the on-deck circle during a dead ball. The on-deck batter must remain in the on-deck circle unless the batter switches hitting positions at which time the umpire would have the discretion to allow the on-deck batter to change circles. [1-2-3]

**In any instance in which a team does not have an eligible substitute for a player who becomes ill, injured, or is ejected from the lineup by an umpire, the player last removed from the lineup by the team coach, who is otherwise eligible to play, shall be used as a substitute, taking the batting-lineup position of the replaced player. When a team's last available substitute enters the game as part of a multiple substitution, the team coach shall advise the umpire and official scorekeeper which player is to be considered the last player removed from the lineup. [3-1-3]

BATS (NFHS Rule 1-3-2)

**The following bats are legal for use in IESA contests:

- Any non-wood bat containing a silkscreened or permanently marked BBCOR label as detailed in section 1-3-2 of the NFHS baseball rules book or;
- Any bat 30 inches and under that has a greater than minus three drop and a barrel diameter of 2 5/8 inches provided that bat contains the USA Baseball logo or;
- Any wood bat that meets the NFHS standards as detailed in section 1-3-2 and 1-3-3 of the NFHS baseball rules book.

NOTE 1: All bats 31 inches and over must meet the NFHS bat guidelines and contain the BBCOR label

NOTE 2: All bats with a 2 1/4" barrel diameter are illegal

NOTE 3: Any bat with a USSSA logo is illegal

NOTE 4: Any bat with a BESR label is illegal

The following are examples of legal and illegal non-wood bats. This list is not intended to be all inclusive or all exclusive:

Examples of Legal and Illegal Non-Wood Bats That Do Not Contain a USA Baseball Logo			
Length	Weight	Barrel Diameter	Status
31	28	2-5/8"	Legal assuming BBCOR labeled
30	22	2-3/4"	Illegal—Maximum barrel diameter is 2-5/8". Additionally, this bat will not contain the BBCOR label
30	20	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
29	18	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
31	20	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
28	19	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
31	28	2-3/4"	Illegal—Maximum barrel diameter is 2-5/8". Additionally, this bat will not contain the BBCOR label.
29	26	2-5/8"	Legal assuming BBCOR labeled
30	27	2-5/8"	Legal assuming BBCOR labeled
32	22	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
31	25	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
30	27	2-1/2"	Legal assuming BBCOR labeled
30	18	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal

Examples of Legal and Illegal Non-Wood Bats That Are Marked With a USA Baseball Logo			
Length	Weight	Barrel Diameter	Status
30	20	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
31	20	2-5/8"	Illegal—All bats 31" and over for use in IESA contests must meet NFHS guidelines including BBCOR label. It does not matter if this bat has a USA Baseball logo. A 31" bat must be BBCOR labeled.
28	18	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
29	18	2-1/4"	Illegal—No bat with a 2-1/4" barrel diameter is legal
31	21	2-5/8"	Illegal—All bats 31" and over for use in IESA contests must meet NFHS guidelines including BBCOR label. It does not matter if this bat has a USA Baseball logo. A 31" bat has to be BBCOR labeled.
27	15	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
29	19	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
30	18	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
30	20	2-1/2"	Illegal—Any bat with a USA Baseball logo must have a 2-5/8" barrel diameter.
30	22	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat
30	25	2-5/8"	Legal assuming USA Baseball Logo is silk screened on bat

**In addition to the penalty as listed in NFHS rule 7-4-1 for the use of an illegal bat, a player who uses an illegal bat shall be immediately ejected from the contest and cannot return to that contest under any circumstance. [7-4-1]

IESA PITCH COUNT LIMITATIONS---REGULAR SEASON AND STATE SERIES

PITCH COUNT PER DAY	REQUIRED DAYS OF REST	MAXIMUM NUMBER OF PITCHES ON NEXT APPEARANCE	NEXT APPEARANCE CAP
			Note: Pitch count caps are soft, meaning that the pitcher will be afforded the opportunity to finish the at bat if the maximum is reached in the middle of an at-bat.
1-20	0 days	70 pitches	A pitcher who throws 1-20 pitches may pitch on two consecutive days without rest. The maximum number of pitches that can be thrown on the second day is 70. A pitcher who throws on two consecutive days must rest for one day.
21-35	1	Up to 90	A pitcher who throws 21-35 pitches must rest for one day. After one day of rest, the pitcher is eligible to pitch to a cap of 90 pitches.
36-50	2	Up to 90	A pitcher who throws 36-50 pitches must rest for two days. After two days of rest, the pitcher is eligible to pitch to a cap of 90 pitches.
51-65	3	Up to 90	A pitcher who throws 51-65 pitches must rest for three days. After three days of rest, the pitcher is eligible to pitch to a cap of 90 pitches.
66-90	4	Up to 90	A pitcher who throws 66-90 pitches must rest for four days. After four days of rest, the pitcher is eligible to pitch to a cap of 90 pitches.

Any pitcher (either the starting pitcher or any relief pitcher) withdrawn from the mound or game may return to the pitching position once per game as long as it is within the legal reentry rule. [3-1-2 note]

At the end of the regular season (regular season ends the first day the state series begins), the IESA will review the entered pitch count information. If a school's coach does not enter any pitch count information during the regular season, the head coach will be ineligible to coach any post-season contests.

Each team's coach must input the pitch counts for each pitcher into the IESA website by NOON the following morning for all postseason games. If a coach doesn't input their pitches, all available pitchers will drop down one tier of available pitches in the pitching limitations chart for the next game. (90 to 70. 70 to 50) (Post-season only).

Illustrations for Section 4.015

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. May a coach who is ineligible for a contest due to not entering any regular season pitch counts travel with the team to a contest or attend a contest while suspended?

A. No.

Q: My pitcher has a maximum of 90 pitches to throw today. My "intent" is to limit the pitcher to 20 pitches so he can throw the next day. In the middle of an at-bat the pitcher reaches 20 pitches. What happens if he ends up throwing 25 pitches because he finished the at-bat?

A: The pitcher would have to rest one day if he threw between 21-35 pitches. The "soft-cap" does not apply here. The soft cap applies when the *maximum* number of pitches for a day has been reached. In this instance, the maximum for the day was 90 pitches; not 20. By allowing the pitcher to throw 25 pitches, one day of rest must now follow.

Q: My pitcher can throw 90 pitches today. In the middle of an at-bat, he reached his 90th pitch. Can he finish the at-bat?

A: Yes. This is a soft-cap issue and a pitcher can finish the at-bat when it is the maximum number of pitches in a day is reached in the middle of an at-bat.

Q. My starting pitcher is removed from the mound during the third inning but remained in the game as the shortstop. Can he return to the mound in the 5th inning to finish the game as the pitcher?

A. Yes, assuming he has sufficient numbers of daily pitches remaining. Starting pitchers can return to the mound once per game.

Q. I removed my starting pitcher from the game in the second inning and he returned to the mound in the 4th inning. Because he does not hit very well, I want to pinch hit for him in the 6th inning. What is his playing status if I pinch hit for him?

A. In this instance, the player has to be removed from the game. Although you legally entered him back in the pitching position (starting pitchers may re-enter as the pitcher once per game) once you pinch hit for him, regulation re-entry rules prohibit him from re-entering the contest.

Q. I removed my starting pitcher in the 4th inning. He did not stay in the game. Can he re-enter in the pitching position to get the final out of the game?

A. Yes, assuming he has sufficient number of daily pitches remaining and he re-enters according to the re-entry rules.

Q. I brought in a relief pitcher to face one batter in the 5th inning. After he retired that batter he stayed in the game as the right fielder. Can he pitch to one batter in the bottom of the 7th inning?

A. Yes. Effective with the 2018 season, relief pitchers removed from the mound may return to the game as the pitcher as long as he has sufficient pitches remaining for the day.

Q. Our game was suspended due to weather conditions in the middle of the 4th inning. Can my pitcher complete the game the next day?

A. Maybe. Once a pitcher throws 21 pitches, at least one day of rest is required. In this instance, if he threw 21-35 pitches before the game was suspended, he cannot pitch until he has had at least one full day of rest making him ineligible to pitch the next day.

Q. My team has advanced to the semi-finals of the Class 3A state tournament. Can my pitcher throw 45 pitches in the semi-final game and then come back and throw 20 pitches in either the third place or championship game?

A. Maybe. It all depends on the number of pitches that your pitcher can throw that day. If he can throw 90 pitches on Saturday, then he can throw in both games in any combination up to a maximum of 90 pitches. If he can only throw 50 pitches on Saturday and he throws 45 in the first game, then he would only have 5 pitches to throw in the second game. The pitching limitation is based on the number of pitches allowed on a given day and it is no longer based on innings.

Q. My pitcher has pitched 7 innings. The score is tied after 7 innings. May he continue to pitch in the 8th inning since the game is tied?

A. Maybe. A pitcher is allowed a maximum of 90 pitches in one day if he has had the required rest between outings. Assuming he has 90 pitches available in one day and in this instance he has only thrown 80 pitches after 7 innings and the score is tied, he still has 10 pitches remaining that day. A pitcher who pitches more than he is allowed is considered an ineligible player at that point and the game shall be forfeited in accordance with By-Law 5.071.

Q. Our game is in the top of the 7th inning. My pitcher has 4 pitches left to throw before he will reach his maximum for the day. After his 4th pitch of the inning, the count on the batter is 2-2. Can he finish pitching to the batter?

A. Yes. However, once the batter has completed his at bat, in this instance, the pitcher must be immediately removed from the mound. Coaches need to have a new pitcher ready to come into the game when the pitcher has been removed from the mound.

Q. My pitcher threw 10 pitches on Monday and only 7 pitches on Tuesday. How many pitches can he throw on Wednesday?

A. None. A pitcher who throws on two consecutive days must rest for at least one full day before he can pitch again. In this instance, the next time the pitcher could throw would be on Thursday---up to a maximum of 90 pitches.

Q. Our regional championship game was scheduled for Monday. Due to weather, it was not played until Tuesday. On Tuesday, my best pitcher threw 85 pitches and shut out the opponent. Can he pitch in the sectional championship game on Saturday?

A. No. When a pitcher throws between 66 and 90 pitches, the pitcher must rest for four days before he can pitch again. In this case, he would have only rested three days (Wednesday, Thursday, and Friday) which would make him ineligible to pitch on Saturday.

Q. Our regional championship game was scheduled for Monday but was not played until Tuesday due to weather. However, I noticed that our opponent for the sectional was able to play on Monday. Their starting pitcher will be able to throw in the sectional on Saturday because he has had four days of rest but if my #1 pitcher throws 66 or more pitches on Tuesday he will not be able to throw on Saturday because he will not have had four days rest. Is this fair?

A. The rules are in place for the safety of the pitchers. The rules do not take into account for any weather delays. In this instance, you will either want to limit your #1 pitcher to 51-65 pitches in the regional championship being played on Tuesday so he can throw again on Saturday or if he pitches 66-90 pitches on Tuesday, he will be ineligible to pitch on Saturday.

4.016 Pitching Limitation Penalty

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

4.017 Awards

Plaques shall be awarded to the regional and sectional winner, and trophies to the champion, runner-up, third, and fourth place winners at the state final competition.

Twenty-six individual medals will be presented to the first, second, third, and fourth place team winners in the state final competition.

4.021 Regional, sectional, and state level competition shall be held for Classes 1A, 2A, and 3A. Regional and sectional competition sites will be assigned by the IESA office. If a regional or sectional site is not assigned by the IESA office, then schools assigned to that regional/sectional may contact the IESA office to indicate their willingness to host a state series contest. Actual state series competition dates shall be in accordance with the IESA calendar. Seeding shall be done online according to the timeline in the IESA standardized calendar. Bids for regional, sectional, and state tournament sites shall be forwarded to the IESA office. See Section 3.120 for seeding procedures. No regional contest may begin after 5:00 p.m. on a field that does not have lights.

4.022 Season Limitations

No member school participating in the girls softball state tournament series shall organize, hold tryouts, or practice prior to Monday of Week 4 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in girls softball no earlier than Wednesday of Week 5, and its last interscholastic contest in girls softball no later than Saturday of Week 16 in the IESA standardized calendar. There is not a maximum number of season contest limitations.

Only schools which have an established school team which has played at least three (3) interscholastic contests prior to the online roster and record deadline in that sport during the current season may participate in team competition in Association-sponsored meets or tournaments.

4.023 IESA State Tournament Team Limitations

Each tournament team shall consist of a maximum of 18 uniformed girls whose names appear on the Regional Entry Form. Schools may make changes to the Regional Entry Form until the "Roster Closed" deadline date as detailed in the Activity Calendar that is posted on the IESA website. After the Roster Closed deadline, no changes will be permitted on the Regional Entry Form.

All tournament play shall be single elimination with the winning team advancing from regional to sectional and from sectional to state level competition. If an opponent incurs a violation in the state series that requires a contest or contests to be forfeited, the following policy will be followed:

- If the violation affects only one round of competition, the opponent within that round will be advanced on to the next round of competition within the state tournament series.
- If the violation affects more than one round of competition, no opponent from the preceding rounds of competition shall be advanced to the next round of competition within the state tournament series.
- The advancement of opponents shall be determined by the IESA office.

It shall be the responsibility of regional and sectional host schools to list the tournament winner on the IESA website after the conclusion of the tournament.

When a sectional site is not determined, the two regional winners shall contact each other, confirm the sectional site, and notify the IESA office as soon as possible. The IESA office will assist in determining the host school if needed. If both regional winners desire to host, a coin flip conducted by the IESA office will determine the host.

4.024 Exceptions to National Federation Rules

****For regular season games, no inning shall start 2 hours after the first pitch of the game. The Homeplate umpire will be responsible for keeping time. Any inning in progress shall be completed. If teams are tied after the time limit has been reached it shall be considered a tie game.**

****The 10-run rule is in effect and the game shall end when the visiting team is behind 10 runs or more after 4 ½ innings, or after the 5th inning, if either team is 10 runs behind and both teams have had an equal number of times at bat. The 12-run rule is in effect and the game shall end when the visiting team is behind 12 runs or more after 3 1/2 innings, or after the 4th inning if either team is 12 runs behind and both teams have had an equal number of times at bat. A 15-run rule is also in effect and the game shall end when the visiting team is behind 15 runs or more after 2 ½ innings, or after the 3rd inning, if either team is 15 runs behind and both teams have had an equal number of times at bat. [2-26-2, 4-2-3]**

****The use of Safe-Base, or a manufactured reproduction thereof, shall be mandatory in all regular season and tournament play. No game shall be played unless the Safe-Base is in use. The application of the Safe-Base rule shall follow NFHS guidelines. [1-2-1]**

****Adult coaches are not required to be in the uniform of the team, but it is recommended that coaches be attired in school colors. [3-5-3]**

**Any state series game that is suspended for reasons of weather, darkness, or mechanical failure (i.e. lighting problems, power outage, water system problems) will be treated as a suspended game and continued from the point of suspension when the game is able to resume provided it is not a completed regulation game as detailed in NFHS rule 4-2-2. The coach of the team trailing at the time of the suspension may forfeit the contest at which time the game will be considered a complete game. [4-2-2; 4-2-3]

**When a regular season game is stopped for any reason, the school administration of the participating schools may choose to do one of the following:

- Suspend the game and mutually agree to resume the game at the point of suspension at a later date and time; or
- the team losing at the time of the suspension can forfeit and the team winning at this time would claim this as a win on their record; or
- the team winning at the time of the suspension can forfeit and thus the team losing at this time would claim this as a win on their record; or
- the schools mutually agree to record the game as a "no game." [4-2-3]

**The pitching distance shall be set at 40 ft. [1-1-2 b]

**The international tie breaker rule may be used any time after the 7th inning upon agreement of both coaches prior to the start of the contest. The international tie breaker rule will not be used in the state series. If used in a regular season contest, the following tiebreaker rules shall be in effect:

- The last batter from the previous inning is placed on 2nd base--play then continues under regular rules
- It is not sudden death
- Each team has the opportunity to bat each inning
- The game is over when one team has the lead at the end of an inning [4-2-5]

**First and last names must be included on the line-up card presented to the umpire prior to the start of the contest. [3-1-3]

**The on-deck batter may use either on-deck circle. The on-deck batter may only move to the on-deck circle during a dead ball. The on-deck batter must remain in the on-deck circle unless the batter switches hitting positions at which time the umpire would have the discretion to allow the on-deck batter to change circles. [1-1-6]

4.025 Awards

Plaques shall be awarded to the regional and sectional winner, and trophies to the champion, runner-up, third, and fourth place winners at the state final competition.

Twenty-six individual medals will be presented to the first, second, third, and fourth place team winners in the state final competition.

4.030 BOYS AND GIRLS CROSS-COUNTRY

4.031 Sectional and state level competition shall be held for girls and boys in Classes 1A, 2A, 3A, and 4A. Sectional sites may be determined by a meeting of the participating schools or the site may be assigned by the IESA office. If a sectional site is not assigned by the IESA office, then schools assigned to that sectional may contact the IESA office to indicate their willingness to host the sectional. The sectional shall be held on the date approved in the IESA standardized calendar. Bids for the sectional and state meet site shall be forwarded to the IESA office.

4.032 Season Limitations

No member school participating in the boys and/or girls cross-country state series shall organize, hold tryouts, or practice prior to Monday of Week 5 in the IESA standardized calendar. There is not a maximum number of season contest limitations.

A member school may conduct its first interscholastic contest in boys and/or girls cross-country no earlier than Saturday of Week 6 and its last interscholastic contest in boys and/or girls cross-country no later than Saturday of Week 17 in the IESA standardized calendar.

Only schools which have an established school team which have participated in at least three (3) interscholastic contests prior to the sectional meet during the current season may participate in team competition in Association-sponsored meets.

4.033 IESA State Tournament Team Limitations

Full teams shall consist of a minimum of five to a maximum of seven students.

A member school may elect to enter one to four individual runners rather than a full team, without being eligible for team awards.

Boys and girls cross-country races shall be held separately, although boys and girls meets shall be held on the same date at the same location.

A maximum of 10 runners may be listed on the Sectional Entry Form. Up to seven of the 10 may run in the sectionals. If a school runs more than seven individuals in the sectional race, all runners in that race from that school will be disqualified and may not advance to the state meet. For purposes of advancement, teams shall be considered to consist of those runners who participated in the sectional. However, any runner whose name appears on the Sectional Participant Information may be used as a substitute at the state final provided the runner remains eligible for the meet. The Sectional Participant Information must be completed on-line and must be submitted by 12 noon on the Wednesday preceding the sectional. No changes may be made to the Sectional Entry Form after 12 noon on the Wednesday preceding the sectional. Failure to submit the entry form as required will result in disqualification from the sectional.

Team Advancement to State---There will be eight (8) sectionals in each class- 1A, 2A, 3A, 4A. The first, second, and third place sectional teams shall advance to state level competition. For purposes of advancement of teams from sectionals to the state final, if a tie occurs at the **last qualifying spot**, the teams tied advance to the state final.

Individual Advancement to State--- In each class- 1A, 2A, 3A, 4A, the top seven (7) individuals not on the first, second, or third place teams shall advance to state level competition. The IESA cross-country administrator will add additional individual runners within the top ten of a given sectional as state qualifiers.

Illustration for Section 4.033

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. If a five-member cross-country team advances to state competition from the sectional, what happens if one member is unable to run due to illness, ineligibility, or absence?

A. The other four members will run as individuals. The individuals will not be eligible for team awards.

4.034 Exceptions to National Federation Rules

**Courses for the sectional and state final meets for both boys and girls shall be no more than 2.1 miles nor less than 1.9 miles in length. Every effort should be made to run on a two-mile course. The length of the course for the state final races will be 2.0 miles. The boys and girls will run in separate races during the state series. [8-1-1]

**The finish line for all regular season meets and invitationals, as well as the IESA state series meets shall be at the mouth of the chute. At the state final meet, computer scoring shall be used. The computer tag will be attached to the bib number. Essentially the chip is used as a timing device. NFHS Track and Field and Cross-Country Rules allows for this scoring method. The finish line area shall be set-up in accordance with National Federation rules. [8-1-3; 8-3-3]

**Sectional hosts that do not use a chip scoring/timing system must have their finish line in accordance with NFHS rule 8-1-3. The finish line for all sectional meets shall be at the mouth of the chute. [8-1-3]

**One false start shall be permitted each contestant in each race. [8-6-1]

**Names and/or numbers of identical color and design on the same place of all members' uniforms shall be ruled identical. [4-3-2]

**Uniforms may be taped or knotted when done for the purpose of allowing a better fitting uniform. [4-3-1(b-3)]

A race **MAY (not shall) be recalled by the starter if a runner falls in the first 100 meters due to contact with another runner. [8-4-4-a]

**Unapproved adornment devices shall not be worn. [4-3]

**At the State Meet only, a video review of all races will be conducted. Hip numbers will be required to be worn for all state meet runners. [3-3-4]

4.035 Scoring and Awards

In cross-country sectional and state meets, the top five finishers shall be counted toward team standings. When meets include both team and individual entries, see Situation Rule 8-2 in the National Federation Track and Field Case Book for scoring procedures.

Prior to the sectional awards ceremony, the sectional host manager shall conduct a meeting of all coaches assigned to the sectional at which time the sectional results will be shared. Coaches who believe the results may be incorrect shall immediately bring it to the attention of the local manager.

A plaque shall be awarded to the teams finishing first, second, and third at each sectional. Trophies shall be awarded to the champion, runner-up, third place, and fourth place teams in each class at the state meet.

A medal shall be given to the runners finishing 1-10 at sectional cross-country meets. Medals will be awarded to the top 25 individuals in each class at the state cross-country meet.

Fifteen individual medals will be presented to the competitors of the first, second, third, and fourth place team winners in each class at the state final competition.

4.040 BOYS AND GIRLS BASKETBALL

- 4.041** Regional, sectional, and state level competition shall be held for Classes 1A, 2A, 3A, and 4A in both the seventh and eighth grades. Regional and sectional competition sites will be assigned by the IESA office. If a regional or sectional site is not assigned by the IESA office, then schools assigned to that regional/sectional may contact the IESA office to indicate their willingness to host a state series contest. When inclement weather alters the designated playing site of a regional tournament game, the higher seeded team will host the game(s) unless schools mutually agree to a different site. If weather forces the sectional to be rescheduled, the host must reschedule the sectional for Thursday or the IESA will release the sectional to the participating schools so the sectional can be completed on Thursday. If both schools express an interest in hosting, a coin flip will be done in the IESA Office to determine the new sectional host. Actual state series competition dates shall be in accordance with the IESA calendar. No eighth-grade regional tournaments will be permitted to be scheduled on seventh grade sectional dates. Sectional hosts shall not schedule regular season contests of any activity on sectional dates at the venue where the sectional is being played. It is recommended that regional competition be scheduled in the evening hours to increase receipts and minimize the assessment to participating schools. Bids for regional, sectional, and state tournament sites shall be forwarded to the IESA office. See Section 3.120 for seeding procedures.

Illustrations for Section 4.041

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. I am a sectional basketball host and will be hosting a regular season volleyball contest in an auxiliary gym in my school. Separate dressing rooms will be used for the regular season volleyball contest. May I host the volleyball contest?

A. Yes. The primary playing court reserved for the sectional basketball game nor the locker rooms that would be used for this game would be affected.

Q. I am hosting a girls' basketball sectional. Can I conduct a boys' basketball practice on the sectional game floor prior to the sectional game?

A. Yes. If the practice is being held on the sectional game floor, the practice must be concluded and the locker rooms vacated at least one hour prior to the scheduled game time.

Q. I am serving as the host for our boys basketball regional. My school dismisses students at 3:10 p.m. and our regional is scheduled to start at 6:00 p.m. May I conduct a practice for my team on the day of the regional in my school gymnasium where the regional is played?

A. Yes, as long as your practice is completed by 5:00 p.m. Host schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the game.

Q. My school is serving as the regional host. I have an auxiliary gymnasium that I would like to practice in because the main gymnasium, which is the site of the actual regional, is occupied immediately after school. May I practice in this auxiliary gymnasium?

A. Yes, but only until one hour before the start of the regional contest. After that you may not practice in the auxiliary gymnasium or the main gymnasium as schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the game.

4.042 Season Limitations

No member school participating in the girls basketball state tournament series shall organize, hold tryouts, or practice prior to Monday of Week 9. No member school participating in the boys basketball state tournament series shall organize, hold tryouts, or practice prior to Monday of Week 16 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in girls basketball no earlier than Saturday of Week 10. The last interscholastic contest in girls basketball shall be no later than December 23. A member school may conduct its first interscholastic contest in boys basketball no earlier than Saturday of Week 17. The last interscholastic contest in boys basketball shall be no later than Saturday of Week 36 in the IESA standardized calendar.

Only schools which have an established school team which has played at least three (3) interscholastic contests prior to the online roster and record deadline in that sport during the current season may participate in team competition in Association-sponsored meets or tournaments. Failure to do so will result in suspension from the state series.

4.043 Team Limitations

No basketball team representing a member school shall, in any one season and exclusive of the IESA series, participate in more than 24 games. All interscholastic competitions shall be considered a game.

Illustrations for Section 4.043

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. In prior years, I could only schedule a maximum of two tournaments. Am I correct that the rule would now allow me to schedule five tournaments as long as the total number of games between tournaments and regular season games does not exceed 24?

A. Yes. A team may now play any combination of regular season games and regular season tournaments as long as the total number of games played does not exceed 24. A team entering regional play with more than 24 games played would be in violation of this rule.

Q. Does a scrimmage against another school team qualify as a game?

A. Yes. An interscholastic scrimmage is considered a game, must count toward your total game limitation, and should be reported on your regular season schedule.

4.044 IESA State Tournament Team Limitations

Each tournament team shall consist of a maximum of 15 uniformed girls for girls' teams and/or 15 uniformed boys for boys' teams whose names appear on the Regional Entry Form. Each school entering the basketball state series must submit its Regional Entry Form via the internet through the IESA Member School Center to the IESA office. Schools may make changes to the Regional Entry Form until the "Roster Closed" deadline date as detailed in the Activity Calendar that is posted on the IESA website. After the Roster Closed deadline, no changes will be permitted on the Regional Entry Form.

Basketball warm-up periods shall be limited to 15 minutes in all tournament play.

All tournament play shall be single elimination with the winning team advancing from regional to sectional and from sectional to state level competition. If an opponent incurs a violation in the state series that requires a contest or contests to be forfeited, the following policy will be followed:

- If the violation affects only one round of competition, the opponent within that round will be advanced on to the next round of competition within the state tournament series.
- If the violation affects more than one round of competition, no opponent from the preceding rounds of competition shall be advanced to the next round of competition within the state tournament series.
- The advancement of opponents shall be determined by the IESA office.

For a team competing in two regional games in one day, the time between the start of the first regional game for that team and the start of the second regional game for that team must be a minimum of three (3) hours.

4.045 Individual Limitations

For regular season contests and all tournaments (regular season and state series), students shall be limited to a maximum of eight (8) quarters per day. Participation in a quarter shall mean that a student actually competes (regardless of the length of time) in the quarter.

Students may participate in either or both grade levels of the IESA state tournaments for which they are qualified. Eighth graders are never permitted to play on seventh grade teams. Seventh graders are never allowed to participate on sixth grade teams.

Students in 5th or 6th grade who participate on the school's 7th and/or 8th grade teams must abide by all IESA rules and regulations only during the IESA season for the given activity.

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

Illustrations for Section 4.045

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Can a student play 3 quarters in the 7th grade game and 3 quarters in the 8th grade game on the same night?

A. Yes. Students may play 8 quarters in one day.

Q. Can a student play 4 quarters in the 7th grade game and 4 quarters in the 8th grade game on the same night?

A. Yes. Beginning with the 2014-15 season, students may play 8 quarters in one day.

Q. Our conference 7th grade tournament is scheduled so there are two games on Saturday. Is this allowed?

A. Yes. In tournament play, teams may play more than one game in a day and individuals may play up to 8 quarters in one day.

Q. Can a 7th grader play 4 quarters in a 7th grade game tournament and later that day play in an 8th grade tournament?

A. Yes. Beginning with the 2007-08 school season the By-Law was modified to allow a student to play no more than 8 quarters a day in regular season tournaments.

4.046 Exceptions to National Federation Rules

**The smaller basketball has been adopted for IESA girls state tournament play. [1-12-1d& e]

**Undergarments shall be a single solid color similar to the torso of the jersey and shall be hemmed and not have frayed or ragged edges. If the undershirt has sleeves, they shall be the same length. [3-5-6]

NOTE: This exception removes the logo restriction. At the IESA level, undergarments that have more than one logo and/or the logo size exceeds what is allowed by NFHS rule shall be legal.

**Host schools shall provide a black and white striped garment to be worn by the official scorer for all games as required by NFHS rule. [2-11-12]

**All games shall consist of six-minute periods. Overtime periods shall be three minutes. Member schools may play away basketball games with seven-minute quarters with member schools of the Southern Illinois Junior High School Athletic Association. [5-5-2, 5-7-3]

**The Association has adopted the use of a 28 ft. coaching box for basketball. [1-13-2]

**The Association has adopted a "mercy" rule for all regular season contests, tournaments and the IESA state series (regional, sectional, and state). [5-5-3 note]

**The following guidelines for the administration of the mercy rule shall be used:

- A running clock shall be utilized during the fourth quarter in contests with a 30-point differential in score.
- Once the clock begins running continuously because of the point differential, it is to remain running for the rest of the contest, even if the point differential drops under the 30-point barrier during the fourth quarter.
- If a contest should begin its fourth quarter with a 30-point differential in score or greater, the entire fourth quarter will be played with a running clock. The running clock shall not be used prior to the fourth quarter of any contest.
- If, while using the running clock because of the point differential and the trailing team somehow tied the contest at the end of regulation, any and all subsequent overtime periods would be played using the continuous clock.
- The running clock would only be stopped once it starts for the following:
 - a. a team timeout, or
 - b. to replace a disqualified player, or
 - c. to administer a technical foul, or
 - d. to attend to an injured player, or
 - e. any other situation of concern to an official, or
 - f. the running clock will be stopped during free throws when there is one minute left in play.

**It is recommended a safe area be in place for all state tournament series contests as determined by the local and game management. [1-2-1]

**The official scorer and timer for all regular season and state series games must be at least 16 years of age.

4.047 Awards

Plaques shall be awarded to the regional and sectional winner, and trophies to the champion, runner-up, third, and fourth place winners at the state final competition.

Twenty-three individual medals will be presented to the first, second, third, and fourth place team winners in the state final competition.

4.050 BOYS WRESTLING

4.051 Regional, sectional, and state level competition shall be held for Classes A and AA. Regional and sectional competition sites will be assigned by the IESA office. If a regional or sectional site is not assigned by the IESA office, then schools assigned to that regional/sectional may contact the IESA office to indicate their willingness to host a state series contest. Actual state series competition dates shall be in accordance with the IESA calendar. Seeding shall be done at the regional seeding meeting. Bids for regional, sectional and state tournament sites shall be forwarded to the IESA office. See Sections 4.057 for seeding procedures. Schools offering to host a regional or a sectional must use digital scales to conduct weigh-ins.

4.052 Season Limitations

No member school participating in the IESA Wrestling State Tournament Series shall organize, hold tryouts, or practice prior to Monday of Week 22 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in boys wrestling no earlier than Monday of Week 23, and its last interscholastic contest in boys wrestling no later than Saturday of Week 39 in the IESA standardized calendar.

Only schools which have an established school team which has played at least three (3) interscholastic contests prior to the regional seeding meeting in that sport during the current season may participate in team competition in Association-sponsored meets or tournaments.

Illustrations for Section 4.052

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Does a scrimmage count as a contest?

A. Yes. An interscholastic scrimmage is considered a contest and should be reported on your regular season schedule.

4.054 IESA State Tournament Team Limitations

Each member school is eligible to enter one team, consisting of no more than two contestants in each weight class.

During the state series, all teams shall weigh-in together with their coach present. If even one wrestler is absent, the team shall wait until all members are present before they begin their weigh-in. If a wrestler fails to make weight at the regional meet, the wrestler cannot move up to the next weight class and must be scratched. No wrestler can replace a wrestler who scratches or misses at regional weigh-in. After the seeding meeting, no re-seeding will be done when a contestant is scratched or if a wrestler misses weight at the regional weigh-in.

Weigh-ins for the state series may be conducted as a team as opposed to weight class. No state series host shall make a weight scale available to check weight before the actual weigh-ins begin. No school may bring a scale to a state series site to check weight prior to the official weigh-in. A school that checks their weight upon arriving at the state series site will be disqualified from competing if the head official on site is a witness to the checking of weight.

If a wrestler fails to make the required weight at the regional, sectional, or state meet in the entered class, the wrestler cannot move up to the next weight class and must be scratched.

The following criteria shall be used to determine replacement wrestlers at the sectional and state level in case wrestlers who qualified for sectional and state are scratched prior to the tournament:

- **Sectional:**
 - The first alternate shall be the wrestler in the regional who was defeated in the third-place match.
 - The second alternate shall be the wrestler who won the most matches in the regional championship bracket but failed to qualify as a third-place winner or as the first alternate.
 - **Scratches of wrestlers advancing to the sectional must be reported by 4:00 p.m. on the Thursday prior to the sectional in order for the alternate to advance. Scratches reported after 4:00 p.m. on that Thursday will not be replaced.**
- **State:**
 - The first alternate shall be the wrestler who loses in the consolation semifinals to the eventual 3rd place winner.
 - The second alternate shall be the wrestler who loses in the consolation semifinals to the eventual 4th place winner.
 - **Scratches of wrestlers advancing to the state meet must be reported by 12 noon on the Thursday prior to the state in order for the alternate to advance. Scratches reported after 12 noon on that Thursday will not be replaced including wrestlers who fail to make weight at the state meet.**

NOTE: It shall be the responsibility of the principal or coach of the wrestler who is scratching to notify the IESA office that an alternate may be necessary. The IESA office will then contact the alternate's principal or coach that he will replace the regular qualifier.

A wrestler who has advanced to the sectional or state meet who is too ill to compete, becomes injured or ineligible, or fails to make weight the day of the tournament must be scratched. When the scratch is due to an illness, an injury, or the result of an ineligibility situation, it is the responsibility of the coach to notify the IESA office as soon as possible prior to the next level of competition. The IESA office will then contact the school administrator of the wrestler who is next qualified, according to criteria listed above to inform him/her that the next qualified contestant can participate in the next level of competition. Scratches of any type reported at the site of the state meet will not be replaced. There are no substitutes at the sectional meet for any scratch reported after 4:00 p.m. on the Thursday preceding the sectional meet. There are no substitutes at the state meet for any scratch reported after 12 noon on the Thursday preceding the state meet.

If there is a replacement at the sectional or the state meet, contestants shall be advanced in brackets. e.g. A wrestler who won the sectional is injured during the week before the state meet and has to be scratched. The first alternate from the sectional will replace him. The second-place sectional finisher now moves to the first place bracket slot, the third place finisher moves into the second place bracket slot, the fourth place finisher moves into the third place bracket spot, and the first alternate moves into the fourth place bracket slot. At the sectional level, wrestlers will also be advanced in the bracket if a replacement wrestler is used. If a scratch is made at either the sectional or state level prior to the Thursday preceding the contest and the eligible replacement is not available, contestants shall still be advanced until the last qualifying spot is vacant.

4.055 Individual Limitations

Wrestlers are limited to a maximum of 42 matches per season (includes all regular season matches wrestled). Matches wrestled in the state series (regional, sectional, state) do not count toward the 42-match limitation.

Individual contestants shall be limited to a maximum of six matches per day, with a minimum rest period of 30 minutes between each match.

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

All wrestlers shall weigh-in before every contest (regular season and state series--no Saturday weigh-in at state finals). Each contestant shall be limited to the maximum weight in each weight class without any extra allowance.

State Series Advancement:

- **Regional:** The first, second, and third place regional individual weight class winners shall advance to sectional level competition.
- **Sectional:** The first, second, third, and fourth place sectional individual weight class winners shall advance to state level competition.

All wrestlers with skin conditions must have a skin condition form that is supplied by the IESA completed by a physician.

Illustrations for Section 4.055

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. For a meet held in February, I have a wrestler who weighs 91 lbs. Is he eligible to wrestle at the 90 lb. weight class?
A. No. Beginning with the 2009-10 school year, wrestlers are only eligible for the weight class for their actual weight the day of the contest. A wrestler who weighs 91 lbs. would only be eligible at the 95 or 100 lb. class.

Q. I have a wrestler in the 119 lb. weight class that won the regional and has now advanced to the sectional. At sectional weigh-ins, he weighed in at 120 lbs. Does he get to wrestle in the sectional?
A. No. In this instance, the wrestler will be scratched and is ineligible for the sectional. There are no weight allowances throughout the entire year. A wrestler who does not make weight during the state series will be ineligible for the remainder of the state series.

Q. I have a wrestler who has consistently weighed 82-83 lbs. all year. Therefore, he has wrestled at the 85 lb. weight class. The week before regionals, his weight has jumped to 84-85 lbs. Should I list him in the 85 lb. weight class for regionals?
A. Wrestlers do not receive any growth allowance. Therefore, if you list him in the 85 lb. weight class and he advances to the state meet, he must weigh no more than 85 lbs. throughout the state series. As the coach, you must be very aware of your wrestler's weight trends throughout the season so he is placed in the proper weight class for the state series and can make weight for the entire state series.

4.056 Exceptions to National Federation Rules

**Contestants shall be required to follow the National Federation rules regarding the uniform. Universal or freestyle singlets are not allowed. [4-1-1]

Weight classes shall be as follows: 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 167, 185, 215, and 275. [4-4-1; 4-4-2] **PLEASE NOTE THAT THE NFHS RULE ALLOWING A MAXIMUM WEIGHT OF 285 LBS. IN THE HEAVYWEIGHT CLASS HAS NOT BEEN ADOPTED BY THE IESA. THE MAXIMUM WEIGHT FOR THE HEAVYWEIGHT CLASS AT THE IESA LEVEL IS 275 LBS.

**Weigh-ins at the state meet are held on Friday only. [4-5]

**Weigh-in time period may begin two and one-half hours prior to the beginning of a meet. [4-5-1]

**Weigh-ins must be conducted in accordance with NFHS rule 4-5-7.

**The following time limits shall apply to all state series matches and are recommended for all regular season matches:

- First period--one minute
- Second and third periods--one and one-half minutes [6-1-1]

**In regular season and tournament competition, the overtime period shall be conducted as follows:

- If the score is tied at the end of the three periods, the wrestlers will wrestle an overtime period which will be a maximum of one minute in length. Both wrestlers will be in the neutral position. The wrestler who scores the first point(s) will be declared the winner. If no winner is declared by the end of the 1 minute overtime period, a 30 second tiebreaker will be wrestled. Choice for position is given to the wrestler who scores the first point in the regulation match. The opponent of a wrestler who receives an unsportsmanlike penalty will have choice in the 30 second tie-breaker period. (unsportsmanlike supersedes first points scored). The wrestler who scores the first point in the tiebreaker will be declared the winner. If no scoring occurs in 30 seconds the offensive wrestler will be declared the winner and one match point is added to the offensive wrestler's score. If the points earned in the overtime period or tiebreaker involve a takedown or reversal straight to the back, the match shall continue until the near fall or fall situation has concluded.

**There are no weight/growth allowances. All regular season contests (duals and tournaments) as well as the IESA state series shall be limited to the maximum weight in each weight class with no extra growth allowance permitted. Wrestlers must make scratch weight at every weigh-in except as noted below. [4-4-4].

During regular season meets and regular season invitationals, weight allowance may be given when National Federation rule 4-5-5 is met. No weight allowance is given for a digital scale. **NFHS Rule 4-5-5 is not in effect for the state series.

**Regional and sectional host schools shall designate a 45 minute block of time to conduct weigh-ins. Weigh-ins for the state series may be conducted as a team as opposed to weight class. ALL members of a team must be present before weigh-ins for that team may begin. [4-5-3]

**For all dual meets and tournaments, a maximum of two personnel (coaches and or non-participating contestants) will be permitted on chairs at the edge of the mat. [2-2-1; 2-2-2]

4.057 Regional Seeding Procedures and Format

It shall be the responsibility of the regional wrestling host to invite the coaches of the participating schools to a seeding meeting on **Thursday** prior to the date of the event. No team shall be allowed to participate in the regional without official entries submitted at the regional seeding meeting. Schools not in attendance shall have nothing to say regarding seeding. Any wrestler who is seeded must have at least eight (8) varsity matches completed in order to be a seeded

wrestler. Wrestlers who do not have at least 8 varsity matches before the seeding meeting shall not be seeded and must be drawn into their respective weight bracket. Eight (8) contestants in each weight class shall be seeded from entries on the Regional Entry Form in the following manner:

- a. Head-to-head competition;
- b. Record against common opponents;
- c. Overall record of **VARSIY** matches--include matches wrestled regardless of the weight class;
- d. Vote by the coaches if the eight seeds cannot be determined through steps a through c above.

In the above procedure, if (a) determines all eight seeds, go no further. If it does not, go to (b). If this determines remaining seeds, go no further. If not, go to (c), then (d).

NOTES:

- Coaches may make corrections and/or additions to their Regional entries prior to the start of the seeding for a specific weight class. Once seeding for the weight class has begun, no additions/corrections may be made to entries.
- No re-seeding shall be done after all 19 weight classes have been seeded.
- If a weight class has fewer than eight competitors, only the wrestlers who meet the minimum number of varsity matches (8) that are needed to be seeded shall be seeded.
- If a weight class has more than eight wrestlers but fewer than eight meet the minimum number of varsity matches determined to be able to be seeded, then only those wrestlers who meet the minimum number of varsity matches need to be seeded. Once those wrestlers who meet the minimum number of varsity matches are seeded, then the remaining number of wrestlers in that weight class are ALL placed by draw. For example, if the 100 lb. weight class has seven wrestlers entered but only five of the seven wrestlers have wrestled 8 varsity matches, then only those five wrestlers will be seeded and the remaining two wrestlers are drawn into the bracket.
- It is the intent of the seeding process that only varsity matches shall be considered for the purpose of seeding. Wrestlers must have eight varsity matches completed in order to be seeded.

Once the seeds have been determined, no switching of seeds is permitted. This includes wrestlers from the same school who are seeded on the same side of a given weight class bracket.

After the eight seeds have been placed on the bracket chart and the byes drawn in order by seed, the remaining wrestlers shall be placed by draw. Seeds #1, #4, #5, and #8 shall be placed in the top bracket and seeds #2, #3, #6, #7 in the bottom bracket with the exception noted above.

Teams without contestants listed on a Regional Entry Form at the seeding meeting shall be disqualified from regional competition--see By-Law 3.013.

Regional tournaments will use a follow the leader format. Sectional tournaments will use a true wrestleback format.

The sectional meet shall be organized on the basis of regional results. The state meet shall be organized on the basis of sectional results.

Illustrations for Section 4.057

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. A school has two wrestlers in the 135 lb. weight class. One wrestler receives the 2nd seed and the other wrestler receives the 3rd seed. Is it permissible to move the 3rd seeded wrestler to the top bracket?

A. No. The seeded wrestlers shall always remain in the exact spot where they were seeded.

4.058 Scoring

Scoring shall be as in the National Federation Wrestling Rules Book. Team points shall be scored 14, 10, 7, and 4 points for four places at regionals and sectionals, and shall be scored 16, 12, 9, 7, 5, and 3 points for six places at state finals.

4.059 Awards

Plaques shall be awarded to the first-place team at all regionals and sectionals. In case of a tie, a coin flip shall determine which team takes the award and a duplicate shall be ordered for the other school. The host school must notify the IESA Office if this occurs so a duplicate plaque may be ordered.

Trophies shall be awarded to the first, second, third, and fourth place team winners in each class of the state final competition. In case of a tie, a flip of the coin shall determine which team takes the award and a duplicate shall be ordered for the other school.

Individual Awards at Regional: Ribbons will be presented to the first, second and third place winners in each weight class at each regional wrestling meet.

Individual Awards at Sectional: A medal will be presented to the first, second, third, and fourth place winners in each weight class at each sectional meet. A bracket board will also be given to each individual weight class sectional champion.

Individual Awards at State: Medals will be presented to the first, second, third, fourth, fifth, and sixth place winners in each weight class for each class. A bracket board will also be given to each individual weight class state champion. Thirty-eight (38) individual awards will be presented to the competitors of the first, second, third, and fourth place team winners for each class at the state final competition.

4.060 GIRLS VOLLEYBALL

- 4.061** Regional, sectional, and state level competition shall be held for Classes 1A, 2A, 3A, and 4A in both the seventh and eighth grades. Regional and sectional competition sites will be assigned by the IESA office. If a regional or sectional site is not assigned by the IESA office, then schools assigned to that regional/sectional may contact the IESA office to indicate their willingness to host a state series contest. Seeding shall be done online according to the timeline in the IESA standardized calendar. Actual state series competition dates shall be in accordance with the IESA calendar. No eighth-grade regional tournaments will be permitted to be scheduled on seventh grade sectional dates. It is recommended that regional competition be scheduled in the evening hours to increase receipts and minimize the assessment to participating schools. See Section 3.120 for seeding procedures.

Illustrations for Section 4.061

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. I am a sectional host and will be hosting a regular season contest in an auxiliary gym in my facility. Separate dressing rooms will be used for the regular season contest. Is this allowed?

A. Yes. The primary playing court reserved for the sectional game nor the locker rooms that would be used for this game would be affected.

Q. I am hosting a 7th grade girls volleyball regional. Can I conduct an 8th grade girls volleyball practice on the regional game floor prior to the regional game?

A. Yes. If the practice is being held on the regional game floor, the practice must be concluded and the locker rooms vacated at least one hour prior to the scheduled game time.

Q. I am serving as the host for our girls volleyball regional. My school dismisses students at 3:10 p.m. and our regional is scheduled to start at 6:00 p.m. May I conduct a practice for my team on the day of the regional in my school gymnasium where the regional is played?

A. Yes, as long as your practice is completed by 5:00 p.m. Host schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the game.

Q. My school is serving as the regional host. I have an auxiliary gymnasium that I would like to practice in because the main gymnasium, which is the site of the actual regional, is occupied immediately after school. May I practice in this auxiliary gymnasium?

A. Yes, but only until one hour before the start of the regional contest. After that you may not practice in the auxiliary gymnasium or the main gymnasium as schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the game.

4.062 Season Limitations

No member school participating in the girls volleyball state tournament series shall organize, hold try-outs, or practice prior to Monday of Week 22 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in volleyball no earlier than Monday of Week 27 and its last interscholastic contest in volleyball no later than Saturday of Week 39 in the IESA standardized calendar.

Only schools which have an established school team which has played at least three (3) interscholastic contests prior to the online roster and record deadline in that sport during the current season may participate in team competition in Association-sponsored meets or tournaments.

4.063 Team Limitations

No girls volleyball team representing a member school shall, in any one season and exclusive of the IESA series, participate in more than 24 matches. A team can enter any combination of regular season matches and tournaments

in a given season as long as the total number of matches does not exceed 24. A team could also choose to enter no tournaments and simply play 24 matches. Any combination of matches and tournaments will be allowed as long as the total number of matches played prior to the start of regional play does not exceed 24. All interscholastic competition shall be considered a match.

Illustrations for Section 4.063

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Does a scrimmage qualify as a match?

A. Yes. An interscholastic scrimmage is considered a match, must count toward your total match limitation, and should be reported on your regular season schedule.

4.064 IESA State Tournament Team Limitations

Each tournament team shall consist of a maximum of 15 uniformed girls whose names appear on the Regional Entry Form. Schools may make changes to the Regional Entry Form until the "Roster Closed" deadline date as detailed in the Activity Calendar that is posted on the IESA website. After the Roster Closed deadline, no changes will be permitted on the Regional Entry Form.

Volleyball warm-up periods shall be 2-6-6 for all regular season matches and IESA state series tournaments. For regular season tournaments, the host school may shorten, but not lengthen the 2-6-6 warm-up format.

All tournament play shall be single elimination with the winning team advancing from regional to sectional and from sectional to state level competition. If an opponent incurs a violation in the state series that requires a contest or contests to be forfeited, the following policy will be followed:

- If the violation affects only one round of competition, the opponent within that round will be advanced on to the next round of competition within the state tournament series.
- If the violation affects more than one round of competition, no opponent from the preceding rounds of competition shall be advanced to the next round of competition within the state tournament series.
- The advancement of opponents shall be determined by the IESA office.

The host school shall have the court set-up and ready for the first match 45 minutes prior to the scheduled start of the match. The host school shall not make its gymnasium available to the competing teams prior to the designated warm-up period.

In regional, sectional, and the state final matches ball handling will not be permitted prior to the coin toss and timed warm-up. Teams are permitted to stretch on the court prior to the timed warm-up.

During the IESA state series, teams may play in no more than two matches per day.

Illustrations for Section 4.064

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. I am serving as the host for our volleyball regional. My school dismisses students at 3:10 p.m. and our regional is scheduled to start at 6:30 p.m. May I conduct a practice for my team on the day of the regional in my school gymnasium where the regional is played?

A. Yes, as long as your practice is completed by 5:30 p.m. Schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the match.

Q. My school is serving as the regional host. I have an auxiliary gymnasium that I would like to practice in because the main gymnasium, which is the site of the actual regional, is occupied immediately after school. May I practice in this auxiliary gymnasium?

A. Yes, but only until one hour before the start of the regional contest. After that you may not practice in the auxiliary gymnasium or the main gymnasium as schools are only allowed to practice in any of the school's facilities until one hour prior to the start of the match. The main floor will be available for stretching 45 minutes prior to the start of play.

Q. How is the warm-up period of 2-6-6 interpreted?

A. Both teams shall share the court for 2 minutes. The home team then has the entire court for 6 minutes, followed by the visiting team having the entire court for 6 minutes.

4.065 Individual Limitations

For regular season contests as well as regular season tournaments, students shall be limited to a maximum of four (4) matches per day. Participation in a set shall mean that a student actually competes (regardless of the length of time) in any set during a match.

Students may participate in either or both grade levels of the IESA state tournaments for which they are qualified. Eighth graders are never permitted to play on seventh grade teams. Seventh graders are never allowed to participate on sixth grade teams.

Students in 5th or 6th grade who participate on the school's 7th and/or 8th grade teams must abide by all IESA rules and regulations only during the IESA season for the given activity.

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

Illustrations for Section 4.065

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Can a 7th grader play in 3 matches of a 7th grade regular season tournament and later that day play in 2 matches in an 8th grade regular season tournament?

A. No. Students are limited to a maximum of 4 matches in a day.

Q. We have a Saturday tournament scheduled with 16 teams. A school that advances to the championship game will be playing 4 matches in one day. Is this allowed?

A. Yes. Students are limited to a maximum of 4 matches in a day.

Q. My 6th grade team has a match prior to the 7th and 8th grade match on the same evening. There are no officials for the 6th grade match. Do I have to count the match my 6th graders played toward their individual limitations if they play in either the 7th or 8th grade match later that evening?

A. Yes. Students are limited to a maximum of 4 matches in a day.

Q. I have two 7th graders who also play on the 8th grade team. If the 7th grade match goes 3 sets and the two girls play in all three sets of the 7th grade match, how many sets can they play in the 8th grade match?

A. Beginning with the 2022-23 school year, the individual limitations were changed to a maximum of 4 matches per day. Sets no longer need to be tracked.

Q. My school has a 7th grade "B" match scheduled the same day as a 7th grade "A" match. Do I count the "B" match toward the individual limitation for the day?

A. Yes. Students are limited to a maximum of 4 matches in a day in all regular season play and this counts all matches they may have played in no matter how short a period of time that might have been.

4.066 Exceptions to National Federation Rules

****During regular season play, court size shall be a minimum of 25 feet by 50 feet. [2-1-1]**

****The top height of the net shall be seven feet to the floor. [3-1-4]**

****A number of 0-99 is a legal number. For clarification purposes, the number on the uniform cannot be 00, 01, 02, 03, 04, 05, 06, 07, 08, or 09. [4-2-4]**

****The uniform number shall be:**

- a. *Placed so the top of the number on the front of the uniform is no more than 6 inches down from the shoulder seam; or placed so the number is centered no more than 6 inches below the bottom edge of any neckline ribbing, placket, or seams on the uniform top. [4-2-4f]*

****Rally scoring format shall be used. Teams will play the best two-of-three set match in which a team is considered the winner of the match when it wins two sets. All sets shall be 25 points (no cap). [1-2-1 Note 1]**

****For regular season tournaments only, the best 2 out of 3 sets to 25 format can be altered. (example: Set 3 to 15 points) [1-2-1]**

****Shorts may be rolled when done for allowing a better fitting uniform. Strings must be tucked in the shorts, pants, or skirts. [4-2-1 c]**

** Teams shall remain on the same benches throughout the match. If upon arrival of the visiting team and officials, it is determined that one side of the net/facility has an advantage/disadvantage, the decision to switch benches or remain on the same side through the match will be made at the coaches/captains/official's pre-match conference.

**In the volleyball state series, it is recommended that each competing team keep a scorebook. The individual keeping the team scorebook must be a minimum of 17-years-old and must be seated at the score table if room allows. If space is not available, this individual must sit in the immediate proximity of the score table during the match. Immediate proximity is the first seat on the bench closest to the score table or in a seat next to the score table.

- In the event that there is a discrepancy between the visible score and the official scorebook, the match officials will compare the scorebooks of the competing teams with the official scorebook to determine an appropriate correction if applicable.
- If after examination of all scorebooks the match officials cannot determine an appropriate correction, the original record of the official scorebook will be considered official and correct.
- The judgement and/or decision of the match officials cannot be protested.

NOTE: It is recommended that all competing teams keep a team scorebook, regardless of if they are hosting the contest. In this case, it is required that the host school provides an individual to record the official book and it is recommended the host also has an additional individual to record their own team book. [5-6-4; 11-3-3].

4.067 Awards

Plaques shall be awarded to the regional and sectional winner, and trophies to the champion, runner-up, third, and fourth place winners at the state final competition.

Twenty-three individual medals will be presented to the first, second, third, and fourth place team winners in the state final competition.

4.070 BOYS AND GIRLS TRACK AND FIELD

4.071 Sectional and state-level competition shall be held for Classes 1A, 2A, 3A, and 4A in both the seventh and eighth grades. If a sectional site is not assigned by the IESA office, then schools assigned to that sectional may contact the IESA office to indicate their willingness to host the sectional. Track sectionals shall be scheduled on either Friday at 1:00 or 2:00 p.m. or Saturday at 9:00 or 10:00 a.m. as listed on the approved IESA calendar. Any change in the scheduling of a track sectional must be approved by the IESA track administrator. See Section 4.073 for seeding procedures.

Students with disabilities will compete in events within the Wheelchair Division regardless of school classification. A disability is a physical, visual, or mental impairment that substantially limits one or more major life activities.

Wheelchair Division:

- a. students who use a wheelchair for mobility or sports or those that have been classified as T/F 31-34, T51-54, or F51-57.
- b. Students who qualify for the Wheelchair Division will compete separately for place and medals.
- c. Students with disabilities wishing to participate in this Division must have a statement of disability on file with appropriate personnel responsible for student health issues at the student's school. The IESA reserves the right to request this documentation as part of the entry process.
- d. Wheelchair participants will compete at the sectional to which their school is assigned.
- e. The Wheelchair Division will have the 100 M track event and the shot put. These events will not score points toward the team total.

4.072 Season Limitations

No member school participating in the boys and/or girls state series shall organize, hold try-outs, or practice prior to Monday of Week 35 in the IESA standardized calendar.

A member school may conduct its first interscholastic contest in boys and/or girls track no earlier than Monday of Week 37 and its last interscholastic contest in boys and/or girls track no later than Saturday of Week 49 in the IESA standardized calendar. There is not a maximum number of season contest limitations.

Schools must submit their season schedule online by Monday of week 39 in the standardized calendar.

4.073 IESA State Tournament Team Limitations

A member school will be permitted two entries in each individual event for boys and girls plus one entry in each relay for each boys and girls class in which it has entered the state series.

Schools must submit their track entries online using the Sectional Participant Information form. Schools that fail to submit their entries using the online Sectional Participant Information form are subject to sanctions that could include being ruled ineligible for the state series. All boys and girls who will be participating in the sectional meet shall have their names on the Sectional Participant Information Form. No changes may be made to the Sectional Participant Information after 4:00 p.m. on the day of the seeding meeting. Contestants shall be allowed to participate only in those events in which they are entered on the Sectional Participant Information. On the day of the sectional meet, there are no substitutions--only scratches.

Boys and girls track and field events shall be held separately, preferably with each class sectional and state competition being held on the same date at the same location. It is permissible for boys' sectional events to be held at different sites than girls sectional events on the same date if a majority of the schools participating in a sectional vote for a split.

It shall be the responsibility of the sectional track host to invite the coaches of the participating schools to a seeding meeting on Wednesday prior to the date of the sectional meet. The meeting may be held in person and/or virtually. Coaches should take a copy of the Sectional Participant Information to this meeting. The Sectional Host has the responsibility to seed the track meet based on the Sectional Participant Information. Coaches shall scratch names of those not participating. Teams without official entries at the seeding meeting shall be disqualified from sectional participation. The state meet shall be organized on the basis of sectional results. There shall be 10 Class 1A sectionals, 10 Class 2A sectionals, 10 Class 3A sectionals and 10 Class 4A sectionals.

It is mandatory for the head coach (or another school representative) to attend the Sectional Seeding Meeting either in person or virtually. If a head coach (or another school representative) is not in attendance at the seeding meeting, the Sectional Meet Manager should seed the athletes from the non-attending school and contact the IESA administrator at the IESA office immediately the following morning.

- Sectional managers may accept requests from schools to make exceptions for attendance at the Sectional Seeding Meeting. A letter requesting an exception for attendance must be sent to the Sectional Manager and signed by the school's principal or official representative prior to the beginning of the scheduled Seed Meeting.
- If the coach (or other school representative) fails to comply with these provisions, the coach and/or the competitors from that school may be sanctioned.
- It is the responsibility of the Head Coach to contact the Sectional Host immediately if for any reason they experience an emergency situation that would not allow them to get to the seeding meeting on time (flat tire, traffic accident, etc.). Sectional managers are encouraged to provide participating coaches with a phone number to be used in case of an emergency.

If a coach or school representative fails to attend the track and field seeding meeting, the following sanctions will be applied:

- Non-attendance first meeting: School will be placed on probation.
- Non-attendance second consecutive meeting: School will be able to participate in the track and field state series of the current year but will not be able to participate in the track and field state series of the following year unless the school pays a \$250.00 fee for reinstatement to the state series.

4.074 Individual Limitations

In all interscholastic track and field meets, students are allowed to participate in a maximum of four (4) events. Relay teams may list a maximum of six athletes- four runners and two alternates. Any four of the six runners listed may run at either the sectional or state level of competition. Students may only participate in two relays. If a student participates in two relays, one of the relays must be the 4x400.

Athletes listed as a relay alternate will not have an event count toward their event total unless they participate in that event. Athletes may be listed as an alternate for both the 4x100 and 4x200 relays but may only participate in one of those relays.

Students in grades 5-7 may compete in:

- **INDIVIDUAL EVENTS** at either or both grade levels not to exceed the maximum
 - **NOTE: At no time is an individual athlete allowed to compete in the same event at both grade levels**
- **RELAY EVENTS**
 - one relay at the 7th grade level and one relay at the 8th grade level; or
 - two relays at the 7th grade level; or
 - two relays at the 8th grade level
 - **NOTE: Regardless of the participation grade level, no student may participate in both the 4x100 relay and the 4x200 relay.**

Students in eighth grade may only compete in events at the 8th grade level.

In addition to automatic forfeiture of the contest, should a student exceed the individual limitations listed, the coach of the team shall be ineligible to coach for the next two interscholastic contests at the level where the violation occurred and all other interscholastic contests at any level in the interim.

State Series Advancement: The first-place winner in each event at the sectional track meet shall automatically advance to the state final meet. In addition, any individual or relay team who equals or surpasses the qualifying marks which are listed for each particular class and level as detailed in the track information sent from the IESA office to each participating school shall advance to state level competition. In the Wheelchair Division, the top two finishers in each event will automatically advance to the state final meet.

Contestants must participate in the sectional meet and either place first in an event or meet the qualifying standard into advance to the state meet. Relay teams may consist of up to five (5) individuals and any of those individuals may run in the relay at the sectional level. Should the relay team qualify for the state meet, any four of the five may run at state.

Illustrations for Section 4.074

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. May the same runner *participate* in both the 4 x 100 and the 4 x 200 relays?

A. No. If a runner is going to be run in two relays, one of the relays has to be the 4 x 400.

Q. I listed a boy for both the 4 x 100 relay and the 4 x 200 relay. He only ran in the 4 x 100 relay at sectionals but that relay team did not qualify for state. Our 4 x 200 relay team did qualify for state. Can this boy now run on the 4 x 200 relay team at state even though he did not run in the event at sectionals?

A. Yes. Because he only ran in the 4 x 100 at sectionals which did not advance, he could run in the 4 x 200 at state since he was listed for both. If he was not listed for both, he would be ineligible to run in the 4 x 200 relay at state.

Q. I have a 7th grade girl who will compete as an individual at the 8th grade level of competition. Is she still eligible to be a member of a 7th grade relay team?

A. Yes.

Q. Is it now permissible for a contestant to run in four events?

A. Yes. Beginning in 2013, a contestant may enter any four events. This could be four running events or four field events. It could be 2 running events and 2 relays as long as one of the relays is the 4 x 400. It could be 3 field events and 1 running event. Any combination of four events is now acceptable. If the contestant participates in two relays, one of them must be the 4 x 400.

Q. The individual limitation only permits a student to compete in a maximum of two relays in the regular season and state series. If my team is competing in a regular season specialty relay only meet can an individual compete in four relays?

A. Yes. If the specialty meet offers only relays then an individual may compete in four relays.

Q. Am I correct that one of my 7th grade girls could run in the 7th grade 100 m dash, the 7th grade 200 m dash, and the 8th grade long jump?

A. Yes. Beginning in 2020, a 7th grader can participate individually at both the 7th grade and 8th grade level as long as he/she is not participating in the same event at both grade levels.

Q. May a 7th grade student compete in the 7th grade 100 m dash, the 7th grade 200m dash, the 7th grade 4 x 100 meter relay, and the 8th grade 100 meter dash?

A. No. At no time is an individual permitted to compete in the same event at both grade levels. In the above example the individual wants to participate in both the 7th grade and 8th grade 100 meter dash. This is not allowed. If the student wants to participate in any other 8th grade event that he/she is not participating in as a 7th grader that would be acceptable.

4.075 Exceptions to National Federation Rules

****The following events comprise the IESA state series---****Boys:** 110 meter hurdles, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1600 meter run, 4 x 100 meter relay, 4 x 200 meter relay, 4 x 400 meter relay, pole vault, high jump, long jump, shot put, discus, wheelchair 100 M, and wheelchair shot put. **Girls:** 100 meter hurdles, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1600 meter run, 4 x 100 meter relay, 4 x 200 meter relay, 4 x 400 meter relay, pole vault, high jump, long jump, shot put, discus, wheelchair 100 M, and wheelchair shot put.

****The fully-automatic timing (FAT) operator may recall a start. (3-8-7)**

****Spikes up to 5/8" in length shall be permitted on cinder and/or grass tracks. The state host shall determine the length of spikes allowed at the state meet. [4-3-1] NOTE: For the IESA state meets, only pyramid style spikes one-quarter (1/4) inch or shorter are permitted.**

**100-meter low hurdles for girls are 30" (.762 meters) in height with 42 ft. 8 inches (13 meters) to the first hurdle and 27 ft. 10 3/4 inches (8.5 meters) between each hurdle. There are 10 hurdles in this race. 110-meter low hurdles for boys are 30" (.762 meters) in height with 45 ft. (13.716 meters) to the first hurdle and 30 ft. (9.144 meters) between each hurdle. There are 10 hurdles in this race. [5-3-8]

At the **SECTIONAL track meet, the 100 meter dash and hurdle events shall be run as timed finals. There are no preliminaries in these two events at the sectional level. At the **STATE** track meet, the 100 meter dash and hurdle events will be run with a preliminary round and a final round. The preliminaries for the low hurdles and the 100 meter dash at the state track meets shall have heat and lane assignments by sectional times. [5-5; 5-6-4]

**The 200 meter dash, the 400 meter dash, the 800 meter run, the 1600 meter run, the 4 x 100 meter relay, the 4 x 200 meter relay, and the 4 x 400 meter relay shall be run only in finals against time in all classes at the sectional and state level of competition. [5-5]

**There shall be eight finalists in all field events at the sectional level. The number of finalists in all running events at the sectional level shall be determined by the number of available lanes. If the sectional track has eight lanes, then there should be eight finalists in all running events. If the sectional track only has six lanes, then there should be six finalists in all running events. However, in all events, only six places are scored. [5-5, 6-2-4]

**Each contestant in each race shall be permitted one false start. [5-7-4]

**There shall be four total trials in the shot put, discus throw, and long jump. Once a competition has begun, except as scheduled, competitors are not allowed to use for practice purposes the runway, ring, takeoff area, or throwing implements associated with the competition. [6-2-15]

**For both boys and girls, the shot put should weigh 4.0 kilograms (8.818 lb.) with a diameter of 95 to 110 millimeters (3.740" to 4.331"). Discus should weigh 1 kilogram (2.205 lb.) with a diameter of 180-182 millimeters (7.087" to 7.165"). [6-6-2, 6-7-2]

**At the state track meets, the high jump shall be conducted in flights. [6-2-21]

**At the State meet if an athlete has checked out of the high jump or pole vault and is the last jumper at a particular height, the event judge will call for the athlete and wait 10 minutes for the athlete to complete their attempt(s). If the athlete has not completed their attempt(s) within the 10 minutes, the bar will be raised to the next height and the athlete will be passed to the new height. [6-2-4]

***At the State Meet, all long jumpers- boys and girls- will jump from the 8' board.

At the state track meets, all pole vault contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 6" at a time for the first three bar raises. For all jumps attempted after the designated height has been achieved, the bar will be raised 3" at a time until one contestant remains. [7-4]

**At the Sectional and State meets, metric measurements shall be used in all field events.

**Uniforms may be taped or knotted when done for the purpose of allowing a better fitting uniform. [4-3-1(b)4]

**Clerical or team scoring errors may be corrected by the IESA at any time. [2-3-1]

**See By-Law 4.074 regarding the number of individual events a contestant may enter. [4-2-1]

**Two lane alleys must be run at all sectional and state events in the 800 and 1600. Waterfall and super alley starts are not permitted at sectional meets. [5-3-2]

**Wheelchair athletes should refer to the Track and Field Terms and Conditions for event and equipment modifications.

**Ties for first place in the field events at both the Sectional and State meets will be broken. [6-3-2b-4b]

Illustrations for Section 4.075

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. My team was awarded the 1st place team plaque the day of the track sectional. Four days after the meet, my host school called to inform me that the team points had been added incorrectly and that my team really placed second at the meet. Do I need to return the 1st place plaque to the host school?

A. Yes. This By-Law allows for correction of team scoring errors at any time. Schools that may need to switch plaques because team scores were figured incorrectly on-site must do so. Sectional host schools should make every effort to avoid team scoring errors.

4.076 Scoring and Awards

In sectional meets, six places shall be scored 10, 8, 6, 4, 2, and 1 point respectively for all events. At the state meet, eight places shall be scored 10, 8, 6, 5, 4, 3, 2, 1. No points shall be awarded in the high jump or pole vault if starting heights are not equaled.

Plaques shall be awarded to the first-place team winner in all track sectionals. In case of a tie, a flip of the coin shall determine which team takes the award. Duplicate awards shall be made and should immediately be ordered by the host school from the IESA office.

Trophies shall be awarded to the first, second, third, and fourth place team winners in state final competition. When there is a tie for first place, no second-place trophy shall be given; when there is a tie for second place, no third place trophy shall be given. when there is a tie for third place, no fourth place trophy shall be given. In case of a tie, a flip of the coin shall determine which team takes the trophy home and a duplicate shall be ordered for the other school.

Ribbons will be presented to the first, second, third, fourth, fifth, and sixth place winners in all sectional track meets. Medals will be presented to the first, second, third, fourth, fifth, sixth, seventh, and eighth place winners in the state final track and field meet. Relay teams that place at the state meet will receive five medals. If a tie still exists after the tiebreaking procedures as outlined in the NFHS rules have been applied to a given event, a flip of the coin will determine which contestant takes the award. Duplicate awards will be made and should be immediately ordered by the host school from the IESA office in the appropriate place on the track results forms. At the state finals, duplicate medals will be awarded for ties. When there is a tie for first place, no second place shall be given; when there is a tie for second place, no third place shall be given, etc. No awards shall be presented in the pole vault or high jump if starting heights are not equaled. Unused awards at the sectional meet should be returned by the host school to the IESA office as soon as possible.

4.077 Records

Any record established in the state final athletic competitions shall be considered as the Illinois state grade school (IESA) record for that event. Marks established in competitions other than the state finals shall not be considered. If fully-automatic timing is used for the state track meet, track records shall be established in hundredths of a second in running events. All IESA running event records prior to 1994 were changed to fully automatic times.

4.078 State Meet Packet

The administrator of each school participating in the state track meet shall be required to submit a signed list of the competitors and coaches from the school to be presented at the pass gate of the state track site.

4.079 Listing of State Qualifiers

The Association will post an official listing on the IESA website of all state qualifiers after all sectional results have been received and reviewed. Coaches are responsible for checking the listing for errors and omissions. Any discrepancy must be reported to the IESA office. Any omission not reported within 24 hours after the state qualifiers have been posted (or Wednesday at 4:00 p.m. of the state meet week, whichever is latest) will NOT be added to the state meet.

4.080 SPEECH

4.081 The Association shall conduct annual speech contests. The IESA administrator responsible for the activity shall divide all participating schools into as many state areas as necessary to conduct the activity. All contest areas must have a host rotation in place. The following events shall be offered:

4.082 Individual Events

Solo Acting--A theatrical presentation by an individual student. The presentation may be a monologue or a selection in which two or more characters are portrayed.

Poetry--One or more selections of poetry.

Impromptu Speaking--The student will be given two words or phrases from the judge and will then choose one and discard the other. The person will then have eight minutes to write and present the speech. The speaker may use one 3 x 5 note card and a writing instrument. The time will begin when the speaker is given the topics. The speaker may divide the writing/speaking time however he or she wishes. While the speaker is writing, the judge or timer (it is highly recommended that the host school provide a separate timer for this event) will announce the time remaining at one-minute intervals. Once the speaker has begun, the timer or judge will signal by means of upraised fingers or time cards the time remaining, and at the end of the eight minutes by an upraised hand. The speaker then has a grace period of 30 seconds to end the speech. If the speaker speaks beyond 8:30, the performance will be lowered one division rating.

Original Script--The student will present a speech which he or she has written. The speech may be a monologue, poetry, short story, essay, or presentation. All rules and limitations for individual events will apply.

Storytelling--The student will tell a story from his/her own life experience, from folk literature, from his/her family's oral tradition, or from any other source. Storytelling is unique from most other contest events in that it should have a very spontaneous quality encouraging audience participation/interaction. The presentation should have a clear beginning, middle, and end, and demonstrate the customary attributes of characterization, stage presence, body and facial expression, articulation, pronunciation, fluency, and eye contact. The presentation may include multiple characters and sound effects.

Illustrations for Section 4.082

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Must poetry be either humorous or serious?

A. It may be all humorous, all serious, or a combination of the two.

Q. My student would like to present a famous speech such as Martin Luther King's "I Have A Dream" speech. In which category should I enter their presentation?

A. Oratorical declamations such as Dr. King's speech should be entered into the Solo Acting category. Solo Acting is a theatrical presentation by an individual student. This may be a monologue or a selection in which two or more characters are portrayed.

4.083 Duet Events

Duet Acting-- Students may perform one to two humorous or serious selections within the time frame. Presentations must have direct dialogue or conversation between the two contestants portraying any number of characters, who may speak to off-stage characters or to silent characters. Both contestants must appear or the duet presentation shall not be judged or rated, but may be performed.

Improv Duet Acting--Each pair of contestants shall stand before the judge at the appointed performance time. The judge shall give the team a prompt to be played humorously. Either of the contestants shall use the prompt, as given, as an opening line. No consultation time shall be allowed; the contestants must begin the scene immediately. After the scene has progressed for approximately two minutes, the judge will say "Stop". The performers must continue until the judge says, "Stop". The procedure is then repeated with a prompt to be played seriously, then finally with another prompt to be played humorously. The entire performance, including all three situations, shall be kept under an eight-minute (8) time limit by the judge. *There is no penalty if the performance exceeds the eight-minute limit as it is the judge's responsibility to control the time.*

Original Script--The students will present a speech which they have written. The speech must be a duet. The work must be the product of one or both of the students. All rules and limitations for duet events will apply.

Illustrations for Section 4.083

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. One member of my duet will not be able to participate; may I replace them with someone else?

A. If the substituting student is eligible to participate in that event, the substitution can be made and the event rated.

Q. May only one individual from a duet be rated by a judge?

A. No. The entire entry must be rated. The contest host may allow an entry to perform but not receive a rating from the judge. However, the entry could be changed to an individual event and be rated as an individual event.

4.084 Chorale Presentation

Chorale groups of nine to twenty (20) members must present one or more selections within the time limitation. Groups may not be conducted (provided performance cues) by the speech instructor with the exception of those with only fifth and/or sixth grade contestants. Failure to have the correct number of contestants or a group that is conducted by the speech instructor shall result in the chorale presentation not being judged or rated. Selections may still be performed at the discretion of the instructor.

4.085 Small Group Events

Small Group Acting- A serious or humorous presentation by three to five performers characterizing three or more persons presenting one selection within a time limitation. The small group cannot be conducted by the speech instructor. Failure to have the correct number of contestants, or if the presentation is conducted by the speech instructor shall result in the small group acting presentation not being judged or rated. Selections may still be performed at the discretion of the instructor.

Team Improv: Each team comprising of between 4 to 6 performers shall stand before the judge at the appointed performance time. *The judge shall select the participants and game to be played by the team from the approved list.* No consultation time shall be allowed; the contestants must begin the game immediately. After the game has progressed for approximately two minutes, the judge will say "Stop". The performers must continue until the judge says, "Stop". The procedure is then repeated with an additional game to be played, then finally with another game to be played. The entire performance, including all three games, shall be kept under a twelve-minute (12) time limit by the judge. The team shall perform a maximum of three (3) games. *There is no penalty if the performance exceeds the 12-minute limit as it is the judge's responsibility to control the time.*

4.086 Individual Limitations

Qualified students are eligible to participate in the IESA State Speech Contest in any combination of up to three events. Students may participate in multiple performances in the same scripted event within the maximum. Improvisational events will only be allowed one entry in the same event per performer. To be eligible to participate in Team Improv, students must also perform a scripted event.

Illustrations for Sections 4.082-4.086

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. What IESA Speech events are available to my students?

A. IESA Speech is divided into four classifications: individual, duet, chorale reading, and small group acting events. Individual events include solo acting, poetry, impromptu speaking, original script, and storytelling. Duet events can be regular duet acting, improv duet acting, and original script. Chorale reading is the only event in the third classification. Small group events are the fourth classification and include small group acting and team improv.

Q. May my speech contestants perform a humorous regular duet and a serious regular duet?

A. Yes, as long as the scripts/pieces are different, this would be allowed.

Q. I have a student who would like to enter just Team Improv. Is this student eligible for the event?

A. No. The student must be entered into and perform a scripted event. In order for the student to be eligible for Team Improv, the student would have to enter and perform in one of the following events: Solo Acting, Poetry, Original Script, Storytelling, Duet Acting, Original Script Duet, Small Group Acting, or Chorale Reading.

Q. I have a student who has already performed in an Improv Duet. Can he/she serve as a partner in another Improv Duet?

A. No. Improvisational events are only allowed one entry in the same event per performer.

4.087 General Contest Regulations

Contest judges must rate an entire entry and not just an individual(s) from an entry.

All events are to be open to parents and students to observe as an audience.

All selections are to be presented from memory.

All selections shall be carefully selected by the speech instructor and should be suitable for the age level of the student. Materials used may come from any source. Cuttings from plays, books, magazines, etc. are permissible as long as they do not infringe upon copyright laws.

Selections

All materials at contest shall be appropriate for presentation by an elementary student

In an individual event, the only prop permitted will be a single chair and only if it is absolutely necessary and appropriate to the selection. For impromptu individual speaking, only a 3 x 5 note card and a writing instrument shall be allowed. The only props permitted in duet acting presentations and improvisation presentations shall be two chairs, two stools, a chair and a stool, a table and two chairs, a table and two stools, a table and one chair, a table and one stool, or a table and one chair and one stool. For chorale reading, no props such as chairs, tables, lights, make-up, etc. shall be used. In Team Improv, a maximum of five (5) chairs shall be permitted as props. In small group acting, the only props permitted shall be a maximum of one table and five chairs. At no time may contestants stand on tables or chairs during a performance. Contestants are allowed to interact with audience members without the interaction being considered the introduction of a prop. This includes dialogue and/or physical contact with an audience member. Inadvertent contact with an object in the room, such as a chair, wall, etc. will not be constituted as the use of a prop.

Costume and Dress

1. For all events, no costumes will be permitted. Costuming is defined as dress that would intentionally reflect the character(s) portrayed.
2. All students shall be dressed appropriately. Contest is a serious evaluation and the student's dress should reflect this.

Individual contestants may not perform the same selection in multiple events or in more than one IESA state contest. Schools are encouraged to limit the number of individuals, duets, and small groups using the same selection.

Time limits shall be 4-7 minutes for poetry; 5-10 minutes for all other individual, regular duet events, and small group acting; 0-8 minutes for impromptu speaking and improv duet acting; 0-12 minutes for team improv; and 6-10 minutes for chorale groups. The contestants shall be timed from the first spoken word including the title, author, and introduction or stage movement. Penalty for failure to meet time limits shall be one rating lower with the exception of improv duet and team improv. There is no penalty if the performance in these two categories exceeds the time limit as it is the judge's responsibility to control the time.

Prompting for lines will be permitted in scripted events. If the judge concludes there is excessive prompting, the contestant shall be lowered one division in the final rating.

Speech instructors should indicate to the judges via the on-line entry system any physical handicap which might affect their judging, such as the inability to stand straight, any type of speech impediment, etc.

Sound effects and singing are permitted for all events. They should be kept to a minimum and should not be considered as a character. Additional props may not be used to make sound effects.

Movement and gestures are permissible for all selections. Oral interpretation shall be stressed.

Any violation of the speech contest rules unless otherwise stated in these By-Laws shall be penalized by the lowering of the rating to third place.

All written complaints to contest hosts shall be forwarded to the IESA office for evaluation by the Speech Advisory Committee.

Speech contest host schools shall have a Speech Advisory Committee member or the designated Judge Representative conduct the judges' meeting at the beginning of the contest. This meeting shall be mandatory for all contest judges.

At a contest site, members of the Speech Advisory Committee or the IESA representative assigned to the contest may resolve interpretations of a judge's decision regarding rules and regulations.

Each school entering the speech state series must submit its Participation Information via the internet through the IESA Member School Center to the IESA office. Participant information is to be completed by Tuesday of week 15 in the standardized calendar. After Tuesday of week 15, all event changes must include a \$25.00 fee payable to the host school. Participant name changes within an entry or the elimination of an entry will continue to be accepted by hosts with no penalty.

Illustrations for Section 4.087

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. What do I do if I would like to protest or challenge a rating the day of contest?

A. The coach should meet with the contest host and Judge Representative to resolve the complaint THE DAY OF CONTEST.

Q. Would the clothes or jewelry of a participant ever be considered a prop/costume?

A. Yes. If the clothes or jewelry are referred to in the presentation or representative of the piece, they would be considered props/costume and would be penalized accordingly.

Q. What are the boundaries of the performance area?

A. Any area in the performance room may be used.

Q. Are parts of the body considered to be a prop?

A. No.

Q. I have a student who would like to use a note card in his small group performance. Is this allowed?

A. No. Note cards may not be used in any event with the exception of Impromptu Speaking.

Q. I have had to make a last-minute replacement to a group. The student will be reading their part. Is this allowed?

A. The entry may perform for the judge; however, the entry will not be eligible for awards and will receive no rating for the performance.

Q. May a performer in a duet stand on a table or chair during the performance?

A. No. Students are not permitted to stand on a table or a chair.

Q. May an audience member have a copy of a performance script in sight during a performance?

A. Yes. However, if the performer is provided an audible prompt or the judge believes that the performer was provided assistance, the performance may be lowered a rating.

Q. May a student or coach ask the judge to not time the introduction?

A. No. Contestants shall be timed from the first spoken word or stage movement. Introductions are not required.

4.088 Ratings and Awards

Ratings for speech contests shall be detailed on the various speech adjudication forms as determined by the Board of Directors.

In state speech contests, individuals or those in duet, chorale groups, or small group events who receive a Division I rating shall be awarded a medal. Individuals or those in duet, chorale groups, or small group events who receive a Division II or III rating shall be awarded a ribbon.

A "Judge's Choice" ranking shall be given by each judge to a maximum of two performances from those selections the judge has evaluated that day. All performances receiving a Division I rating may be selected for this ranking. The ranking shall be in addition to any award the individual(s) have received. Those individuals receiving the ranking shall be given a certificate.

Illustrations for Section 4.088

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. What should I do when I receive the incorrect award for a speech contestant?

A. Contact your host school first, as they are responsible for reimbursing IESA for the awards used. You should check your awards list prior to leaving the contest site on contest date.

4.090 MUSIC SOLO AND ENSEMBLE AND ORGANIZATION CONTEST GENERAL REGULATIONS

4.091 All judges for music events shall be presented one score of each selection being performed with the measures numbered. Ratings shall be lowered one division if this is not done. Photocopied music may be provided to judges only in an "emergency." "Emergency" shall be defined as cases in which:

1. music is out of print with no new score available; and/or
2. purchased music copies are backordered.

Written evidence, in the form of a school purchase order and/or a written statement from the supplier shall be required to document the "emergency".

Music purchased and printed from an online source must be accompanied by a receipt.

4.092 Music contest host managers shall conduct the judges' meeting at the beginning of the contest. This meeting shall be mandatory for all judges.

4.093 At a contest site, music contest host managers may resolve interpretation on a judge's decision regarding rules and regulations.

4.094 All accompanists shall be limited to 20 accompaniments. If a school lists more than 20 for any accompanist, the contest host school shall schedule only the first twenty on the accompanist's list.

4.095 If accompaniment is called for in a score, it must be provided and performed live. Additional instrumentation called for in a score is also permitted e.g. a flute solo along with a piano accompaniment for a chorus presentation. It is recommended that the additional part be performed by a student.

Recorded accompaniment shall be allowed provided the following conditions are met:

- The student(s) must use some type of sound system or Bluetooth speaker.
- The student and director are responsible for audio set-up.
- Set-up for the recorded accompaniment should not detract from the performance time limit.
- SmartMusic may be used by performers.
- Any violation of the conditions would result in a penalty and the event's ranking being lowered a division.

- 4.096** Music entries for Solo & Ensemble and Organization contest must be entered online in the Music Entry Center four (4) weeks plus the weekend prior to the scheduled contest date. If this requirement is not met, the host school is under no obligation to accept the entries. All changes accepted by the host school after the deadline must include a \$25.00 fee made payable to the host school. Participant name changes within an entry or the elimination of an entry will continue to be accepted by hosts with no penalty.
- 4.097** No vocal nor instrumental soloist, ensemble, or choir shall perform the same selection for both a solo and ensemble or choir. Ensembles and choirs shall not use the same selection as a chorus entry from their school. No vocal nor instrumental contestant in more than one ensemble shall use the same selection.
- 4.098** No vocal nor instrumental soloist, ensemble, nor choir shall perform any one number in two consecutive years. Schools are encouraged to limit the number of contestants using the same selection.
- 4.099** All pieces performed at solo and ensemble contest must be a minimum of 32 measures long or 60 seconds in length.
- 4.100** Risers shall be provided for all vocal organizations by the host school.
- 4.101** If the requirements in By-Law 4.130 are not met, an organization may be judged and rated but no awards shall be made.
- 4.102** All music organization events may be directed by the organization's director, a student teacher, or student director.
- 4.103** In case a rules infraction does not have the penalty indicated, the penalty shall be the lowering of the final rating by one division.
- 4.104** All students participating in an IESA music contest must be a member of the school's band, choir, or orchestra. Students may participate in contest if there is no performing group available at their school of attendance.
- 4.105** All performances shall be performed in front of the audience in attendance in the performance room. A request that the audience is cleared prior to a performance shall not be granted. If special accommodations are needed, the music director of the school shall contact the IESA music administrator prior to contest.

Illustration for Section 4.104

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. May a student who does not participate in the school's band or choir and who receives piano instruction outside the school, perform a piano solo in the IESA solo and ensemble contest?

A. No. Students participating in IESA music contests must be members of a school's band, choir, or orchestra.

Q. I have a student who would like to accompany him/herself for a vocal solo. Is this allowed?

A. Yes. A vocal solo performer could accompany him/herself as long as an original score is being used.

4.120 MUSIC SOLOS AND ENSEMBLES

4.121 The Association shall conduct annual Music Solo and Ensemble contests. The IESA administrator responsible for the activity shall divide all participating schools into state areas as may be necessary.

4.122 Vocal Events

Vocal Solos. A vocal soloist shall perform one or two selections by memory in a six-minute time limit. The selection(s) should be chosen by the vocal director as one which shall challenge the student's ability and should be a high quality of material. Final ratings shall be lowered one division if it is necessary to read any portion of the score.

Vocal Ensembles. Vocal ensembles, consisting of two to eight students, shall be boys, girls, or mixed, performing one or two selections by memory in a six-minute playing time limit. The time between selections does not count toward the six minute limit. Ensembles consisting of 2-5 students must sing a minimum of two parts. Ensembles consisting of more than five students must sing in a minimum of three parts. An ensemble composed only of fifth and/or sixth grade contestants may sing all selections in two parts. Vocal directors should choose selections which shall challenge the students' abilities. Ensembles which do not have all required parts covered shall not be judged nor rated, but shall be permitted to perform.

Vocal Choirs. Vocal choirs, consisting of nine to sixteen students, shall be boys, girls, or mixed, performing one or two selections by memory in a six-minute playing time limit. At least one selection must be in three parts; (a decant does not count as an independent voice). The cover of the music will list the three parts; Ex. SSA (soprano, soprano, alto). If a second selection is performed, it must be in a minimum of two parts. The time between selections does not count toward the six-minute limit. A choir composed only of fifth and/or sixth grade contestants may sing all selections in two

parts. A choir may be directed by the vocal director or student teacher. Vocal directors should choose selections which shall challenge the students' abilities. Choirs which do not have the correct number of contestants shall not be judged or rated but shall be permitted to perform.

Illustrations for Section 4.122

The following is provided for illustrative purposes only and is neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Can I transpose a piece for a vocal student to a different key?

A. Yes.

4.123 Instrumental Events

Instrumental Solos. An instrumental soloist shall perform one selection in a six-minute time limit. This selection should be chosen by the band or orchestra director as one which shall challenge the student's ability. One bonus point shall be given on the adjudication sheet if the selection is memorized. An instrumental solo may be performed on piano or any instrument as called for in the score. Drum sets are allowed. For any amplified music, performers will be required to provide all of their own equipment for performance.

Instrumental Ensembles. Instrumental ensembles, consisting of two to five students, shall consist of woodwind, or brass, or percussion including traps, or string instruments, or choir chimes, or mixed woodwind and brass. Each ensemble shall perform one or two selections in a six-minute playing time limit. The time between selections does not count toward the six minute limit. Piano duets on one piano shall also be offered as an event. Ensembles shall be limited from two to five members, playing as many parts as there are members of the ensemble. Instrumental directors should choose selections which shall challenge the students' abilities. Ensembles which do not have all required parts covered shall not be judged nor rated, but shall be permitted to perform. The accompaniment part must also be covered if an accompaniment is listed as part of the score.

Instrumental Choirs. Instrumental choirs shall be composed of six to sixteen members, playing woodwind, or brass, or percussion including traps, or string, or choir chimes, or mixed woodwind, brass, and percussion instruments performing one or two selections in a six-minute playing time limit. Music designated as instrumental choir music or at least four-part music must be used. The time between selections does not count toward the six-minute limit. More than one student may play a part written for instrumental choirs. The choir may be directed by the band or orchestra director or student teacher. Instrumental directors should choose selections which shall challenge the students' abilities. Choirs which do not have the correct number of contestants shall not be judged nor rated, but shall be permitted to perform.

Illustrations for Section 4.123

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Can I rewrite a required part for viola in a string quartet to violin?

A. Yes, as long as all parts are covered in the score, the final piece is appropriately classified based on the final instrumentation, and the score is re-written to reflect the changes.

4.124 Individual Limitations

A student shall not participate in more than a total of six (6) solo and ensemble events. A student shall not participate as a soloist in more than one event with the same instrument or voice.

4.125 Ratings

Ratings for music solo and ensemble contests shall be detailed on the various solo and ensemble adjudication forms as determined by the Board of Directors.

4.126 Awards

Soloists and all members of ensembles or choirs who receive a Division I rating shall be awarded a medal. Soloists and all members of ensembles or choirs who receive a Division II or III rating shall be awarded a ribbon.

A "Best of Day" rating (one per each contest room) shall be given by each solo and ensemble judge from those selections the judge has evaluated. If a judge is judging two distinctly different genres (such as a vocal and piano or percussion and woodwinds), then the judge may award a Best of Day to each genre. This rating shall be in addition to any award the individuals have received.

Those individuals receiving the rating shall be given a certificate issued from the IESA office.

Illustration for Section 4.126

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. What should I do when I receive the incorrect award for a music contestant?

A. Contact your host school first, as they are responsible for reimbursing IESA for your awards used. You should check your awards list prior to leaving contest site on contest date.

4.127 Judges

Judges shall be music educators experienced in the area(s) they are assigned to judge.

4.128 Scales

Scales, if performed, will be awarded one bonus point on the adjudication sheet. Scales are not required and do not have to be memorized. This bonus point option is only available for soloists.

Illustrations for Section 4.128

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Are instrumental soloists required to play scales or percussion soloists required to play rudiments?

A. No, they are not required. However, if a scale element is added, a bonus point may be awarded.

4.130 MUSIC ORGANIZATIONS

4.131 The Association shall conduct annual Music Organizational contests. The IESA administrator responsible for the activity shall divide all participating schools with organizational entries into state areas as may be necessary.

4.132 Events

Concert bands with no minimum participating numbers of 5th-8th grade member school students performing two or three contrasting selections, one of which must be a march, in a 15-minute playing time limit. The time between selections does not count toward the 15-minute limit. Concert Bands that consist solely of 5th-6th grade students are not required to perform a march as one of the contrasting selections but may do so if desired. A single-voiced electronic bass or electronic keyboard may be used as a bass-lined instrument in concert bands.

Jazz bands with a minimum of nine (9) enrolled members performing two or three contrasting selections, one of which must be a swing-style selection, in a 15-minute playing time limit. The time between selections does not count toward the 15-minute limit.

Choir chime or hand-bell organizations with no minimum participating number of enrolled 5th-8th grade students performing two or three selections in a 15-minute playing time limit. The time between selections does not count toward the 15-minute limit.

Orchestras with no minimum participating numbers of 5th-8th grade member school students performing two or three selections in a 15-minute playing time limit. The time between selections does not count toward the 15-minute limit.

Boys, Girls, or Mixed Accompanied Choruses with no minimum participating numbers of 5th-8th grade member school students performing two or three selections by memory, one of which shall be in three indicated voices (a decant does not count as an independent voice). The cover of the music will list the three parts; Ex. SSA (soprano, soprano, alto). The performance time will be no longer than 12 minutes. The other selection(s) must be in a minimum of two parts. The time between selections does not count toward the 12-minute limit. Accompanied choruses which have only fifth and/or sixth grade contestants may sing all selections in two parts.

Boys, Girls, or Mixed A Capella Choruses with no minimum participating numbers of 5th-8th grade member school students performing two or three selections A Capella by memory one of which shall be in three indicated voices (a decant does not count as an independent voice) The cover of the music will list the three parts; Ex. SSA (soprano, soprano, alto). The performance time will be no longer than 12 minutes. The time between selections does not count toward the 12-minute limit. A Capella choruses which have only fifth and/or sixth grade contestants may sing all selections A Capella in two parts.

Show Choirs shall only attend organizational music contests with a minimum of 12 enrolled members performing two or three selections by memory, one of which shall be in three indicated voices (a decant does not count as an independent voice). The cover of the music will list the three parts; Ex. SSA (soprano, soprano, alto). The performance time will be no longer than 15 minutes. The time between selections does not count toward the 15-minute limit. Show choirs which have only fifth and/or sixth grade contestants may sing all selections in two parts. There shall be movement of the contestants during the performance of this event.

Jazz Choir with a minimum of eight (8) enrolled members performing two or three selections by memory, of which one shall be a "swing style" selection. The performance time is limited to 15 minutes and the time between selections does not count toward the 15-minute limit. There may be movement of the contestants during the performance of this event; however, jazz choirs will be judged primarily on the musical performance of the group.

4.133 School Limitations

Students from more than one member school may participate together in a music organization event entered by one member school. Only the designated host school needs to register.

4.134 Individual Limitations

A vocal student may participate in one mixed chorus, either one boys or girls chorus, and one show choir. An instrumental student may participate in one band, one jazz band, one orchestra, and one choir-chime or hand-bell group.

Illustrations for Section 4.134

The following are provided for illustrative purposes only and are neither binding nor to be construed as having the effect of the By-laws or Constitution of this organization. In the event of a conflict, whether actual or believed, between an illustration contained in this section and any by-law or constitutional provision then in effect, the by-law or constitutional provision, as interpreted by the Board of Directors pursuant to Section 1.420 of the Constitution of this organization, shall control.

Q. Is there a maximum number of participants in any music organization?

A. No. Please indicate the total number on your online entry.

Q. May a student participate in two different mixed choruses in an IESA contest?

A. No, only in one mixed chorus.

Q. What is the penalty if the individual limitations are violated in Organization?

A. The penalty shall be the lowering of the final rating by one division and the loss of the Best of Day award opportunity.

4.135 Ratings

Final ratings for all music organizational events shall be determined only in the following manner:

<u>Individual Judges' Ratings</u>			<u>Final Rating</u>
I	I	I, II or III	I
I	II	II or III	II
II	II	II or III	II
III	III	I, II, or III	III

4.136 Awards

Music organizations earning a Division I rating at state level contests shall receive a bar award after the rating has been confirmed by the host school. Plain bars should be requested from the IESA office by schools if they wish to do special engraving on their own. Plaques which can hold the award bar may be purchased by the school directly from the IESA supplier.

The IESA office will stock a first place state music organizational medal which may be purchased by music organizations receiving a Division I rating. An order form will be sent to all participating schools. Schools that receive a Division I rating may then return the form and a check to order medals.

A "Best of Day" rating (one per judges panel) shall be given by each panel of organizational judges from those selections the panel has evaluated. The organization awarded this rating shall receive a bar award identifying the "Best of Day" rating in lieu of the regular Division I rating bar.

4.137 Judges

There shall be three judges seated at separate tables for all organizational events. The judge seated in the center shall be responsible for notifying the director to proceed with the next selection. One of the three judges will be responsible for recording and providing oral comments. The digital recording and written comments will then be forwarded to the director post-contest.

Judges shall be music educators experienced in the area(s) they are assigned to judge.

Official rules for Scholastic Bowl are located in the Scholastic Bowl manual that is produced by the IESA office. A complete set of rules is mailed to all schools that enter the activity.

4.141 Regional, sectional, and state level competition shall be held in two classes (A/AA) based on enrollment, with an equal split of the number of entries. Member schools that desire to host a state series contest should complete the online host interest form. Competition sites shall always be determined by the IESA office. Regional online seeding procedures will be located in the Scholastic Bowl manual produced by the IESA office.

4.142 Regional tournaments will be held as designated by the Board of Directors, consisting of two or more schools in round-robin competition or pool play with round-robin competition within the pool, with the two pool winners meeting for the regional team championship. Regionals must start no later than 4:30 p.m.

4.143 A number of sectional tournaments will be held as designated by the Board of Directors. There shall be round-robin competition for the four regional winners competing. Sectionals must start at either 4:00 p.m. or 4:30 p.m.

4.144 Class A and Class AA state tournaments will be held as designated by the Board of Directors. Each tournament will consist of eight sectional winners. State competition shall consist of two pools with four teams each, in round-robin competition, with the two pool winners meeting for the state championship.

4.145 Only students who are eligible in accordance with IESA By-Laws may participate in the IESA Scholastic Bowl State Tournament Series.

4.146 Season Limitations

Only schools which have an established school team which has played at least three (3) interscholastic contests using IESA scholastic bowl rules during the current season prior to the regional tournament date (Wednesday of week 43 in the standardized calendar) may participate in the state series. Schools must submit their season schedule online by Wednesday of week 34 in the IESA standardized calendar.

Schools participating in a scholastic bowl competition using IESA rules may conduct their first contest no earlier than Monday of week 30 in the standardized calendar. Participating schools will be seeded using only the results of matches where IESA scholastic bowl rules were followed. Schools may participate in outside academic competitions at any time during the school year. Results of outside academic competitions shall not be reflected when listing the team's season record for the online regional seeding procedure. There is not a maximum number of season contest limitations.

4.147 School Limitations

Each member school may enter one team in the IESA Scholastic Bowl State Tournament Series.

The IESA state series shall be held as round-robin competition for all participating schools. The winning team from each regional and/or sectional shall advance to the next level of competition. If an opponent incurs a violation in the state series that requires a contest or contests to be forfeited, the following policy will be followed:

- If the violation affects only one round of competition, the opponent within that round will be advanced on to the next round of competition within the state tournament series.
- If the violation affects more than one round of competition, no opponent from the preceding rounds of competition shall be advanced to the next round of competition within the state tournament series.
- The advancement of opponents shall be determined by the IESA office.

No school shall be allowed to participate in regional play without submitting their scholastic bowl record online during the regional seeding procedure.

4.148 IESA State Tournament Team Limitations

A maximum of 15 competitors may be included on the school's Regional Entry Form for the state tournament series. Schools may make changes to the Regional Entry Form until the "Roster Closed" deadline date as detailed in the Activity Calendar that is posted on the IESA website. After the Roster Closed deadline, no changes will be permitted on the Regional Entry Form. Any of the competitors listed on the Regional Entry Form may be used in any match at any level of the state tournament series.

The following penalties are in effect for schools that fail to submit their online record/seeding information by the posted deadline:

- First offense: School will be placed on probation.
- Second consecutive offense: School will be able to participate in the state series of the current year but will not be able to participate in the state series the following year unless the school pays a \$250.00 fee for reinstatement to the state series.

Five team members shall begin play for each match. Less than five team members may continue in the match if there are extenuating circumstances. Each team shall provide a name placard with each member's first name and a team name placard for each match in which it participates.

Each team shall be accompanied by at least one coach who has been designated by the administration of the participating school.

All head coaches must indicate their students are in compliance with the sportsmanship and eligibility standards when completing the online Regional Entry Form.

4.149 Awards

Regional and sectional winning teams shall be awarded a plaque. Trophies shall be awarded to the first, second, third, and fourth place winning teams in state final competition.

Twenty (20) individual medals shall be awarded to members of the championship, runner-up, third, and fourth place teams at the state level.

4.150 CHEERLEADING COMPETITION

4.151 The Association shall conduct a cheerleading competition for students. The competition will be designed to allow different levels of competition so that squads of all ability levels will be competing in a comfortable setting. Regional and sectional competition will not be held. The competition is a "one-time" performance at a location determined by the IESA office. All schools that enter the cheerleading competition will perform at this location. The date of the competition is Wednesday of week #32 in the IESA standardized calendar.

4.152 Categories of Competition

Game Day Cheer-- All teams who register for Game Day Cheer, regardless of size, will compete in a single cheer division.

- Teams may have from 5- 25 members on their team.
- May include stunts, tumbling, and jumps.
- Poms and signs must be used
- May not include any music.
- Time limit for the cheer performance is 1:15 minutes.
- Judging is based on an evaluation scoresheet.

Routine--Schools will be placed into 1A Routine, 2A Routine, and 3A Routine based on the competing team's submitted 7/8 enrollment. See by-law 3.020 for enrollment classification information.

- In all divisions, teams may have between 5-25 members.
- There must be a music portion to the routine, and it may not exceed two (2) minutes.
- There must also be a non-music portion during the routine presentation.
- The "normal" full routine set-up is music, followed by the cheer/sideline portion, followed by music to finish the routine or vice-versa.
- The time limit for the entire routine performance is 1:30-3:00 minutes.
- Judging is based on a rubric scoresheet.

4.153 Team Limitations

Each school is limited to entering one squad in each division.

All participants in the cheerleading competition must be listed on the online entry form.

4.154 General Rules

Complete rules are included in the Terms and Conditions which are mailed to all schools entering the IESA Competition. All performances shall be conducted in accordance with the Spirit Rules published by the National Federation of State High School Associations. All tosses (sponge and basket) are prohibited.

All members of the cheerleading squad must be current members of the official school spirit squad and must attend the school they are representing.

Time starts with the first organized word, motion, or sound of music and ends with the same. Entrances and exits are not considered part of the routine.

All students participating in the competition must have a physical in accordance with By-Law 3.060 and be grade eligible in accordance with By-Laws 2.040. A complete set of rules is mailed to all schools that enter the activity.

Schools may not bring their own mats to the state site to practice on or warm-up.

Clerical or team scoring errors may be corrected up to 48 hours after the conclusion of the state competition.

4.155 Awards

All divisions within Game Day and Routine will receive a 1st, 2nd, and 3rd place trophy and thirty (30) medals regardless of the number of schools entered in the division.

4.160 CHESS

4.161 The Association shall conduct a chess competition for students. Regional and sectional competition will not be held. Competition will be held based on 6th, 7th and 8th grade classification. It will not be held based on school size classification. The state competition shall be held on Friday-Saturday of week 34 in the IESA standardized calendar.

4.162 Season Limitation

There is no official season start date and mandatory season ending date. Schools may schedule matches with other schools any time during the school year.

4.163 IESA State Tournament Limitations

Each school must complete the online roster entry form and rank their participants by Thursday of Week 33 in the IESA standardized calendar.

The online roster entry form is located in the IESA Member Center of the IESA website. The total number of students at each grade level that a school can enter is ten (10). Participant information must include the name of the participants, birth date, year in school, and their rank. The online roster entry form must also include the name(s) and cell phone numbers of the school's coach(es) (or school representatives).

4.164 For sixth grade activities, a student shall be eligible through age thirteen (13). If a student in sixth grade becomes fourteen (14) before the final day in the state chess tournament, he/she is not eligible to participate in sixth grade chess.

For seventh grade activities, a student shall be eligible through age fourteen (14). If a student in seventh grade becomes fifteen (15) before the final day in the state chess tournament, he/she is not eligible to participate in seventh grade chess.

For eighth grade activities, a student shall be eligible through age fifteen (15). If a student in eighth grade becomes sixteen (16) before the final day in the state chess tournament, he/she is not eligible to participate in eighth grade chess.

4.165 General Rules

The official playing rules for the IESA Chess State Tournament are those included in the IESA Chess Rule Book, the Terms and Conditions and any printed instructions distributed from the IESA office. These rules will be enforced by designated officials. Final appeals on the playing rules in regard to the IESA Chess Rules Book rest with the Chief Tournament Director. The IESA chess administrator enforces all elements of the Terms and Conditions and rules contained in the IESA Handbook.

The tournament will be conducted in the Medley Team Swiss System format. Students will be entered into either the 6th grade division, 7th grade division, or the 8th grade division. Videotaping or electronically recording games will not be allowed for any round of play.

All participants will compete in all rounds of competition.

Each school must provide chess boards, Staunton design chess sets, and digital chess time delay clocks that comply with the rules published by IESA for every student participating up to a maximum of five (5) sets per division. The maximum number of equipment sets a given school would have to provide is 12. Please see the IESA Chess Terms and Conditions for specific equipment guidelines.

Cooperative teams are not permissible. Chess participants may be entered only by the school in which they attend.

4. 166 Awards

The first, second, third, and fourth place teams in each grade division will receive trophies and eight (8) team medals.

Individual medals will be presented to the players scoring 6.0 or more points in each grade division.

- Individuals scoring 8.0 points or next highest score will receive gold medallions.
- Individuals scoring 7.5-7.0 points will receive silver medallions.
- Individuals scoring 6.5-6.0 points will receive bronze medallions.

4.170 BOWLING

4.171 The Association shall conduct a bowling competition for students. Competition will be held for girls and boys. It will not be held based on school size classification. Sectional and state competition will be held in accordance with dates listed on the standardized calendar. Competition dates may change from year to year.

4.172 Season Limitation

There is no official season start date and mandatory season ending date. Schools may schedule matches with other schools any time during the school year.

4.173 IESA State Tournament Limitations

Each school must complete the online roster entry form by the posted Roster Deadline published in the IESA standardized calendar.

The online roster entry form is located in the IESA Member Center of the IESA website. The online roster entry form must include the name of the participants, and year in school as well as the name(s) of the school's coach(es) (or school representatives). In IESA Bowling, a team is defined as four (4) bowlers competing from one school at the start of Round 1. A school may register a boys and/or girls team of four (4) roster positions to bowl for the state series. A school with four paid bowlers is permitted to enter two (2) alternates on the roster. If a school does not have 4 bowlers, the school is permitted to register up to 3 individuals to compete for individual awards in the state series competition. Schools registering 1, 2, or 3 individual bowlers shall not be permitted to have an alternate listed on the roster. Schools may make changes to their bowling roster up until 12:00 noon on the Monday prior to the Sectional competition. After this deadline, schools are only permitted to scratch participants from sectional competition.

The actual number of sectionals will depend on the number of teams and individuals who enter the activity. The intent is to advance a total of 24 boys teams, 24 girls teams, 48 individual boys and 48 individual girls from sectionals to the state finals.

Cooperative teams are permitted. Individuals who are not part of a team must enter as representatives of the school they actually attend.

4.174 General Rules

The official rules for the IESA Bowling State Tournament are those included in the IESA Bowling Terms and Conditions, USBC Bowling Rules, and any printed instructions distributed from the IESA Office. These rules will be enforced by designated officials.

Sectional- All bowlers will bowl four games at the Sectional.

State Final- The state final tournament will be conducted in two rounds--preliminaries and finals. All bowlers will bowl four games in the preliminaries which will be held on Friday. Finals will be held on Saturday and will consist of six games. There will be 72 boys and 72 girls advancing from the preliminary round on Friday to the finals on Saturday. Of the 72 individuals in each division, 40 will be comprised of the tournament's top ten teams (four bowlers per team) and the top 32 individual bowlers not associated with a team entering the Saturday finals.

Scoring will be the actual pinfall for each bowler.

Please see the IESA Bowling Terms and Conditions for specific activity guidelines.

4. 175 Awards

At the sectional level, bowlers placing 1-10 will receive a medal. The first-place boys team and the first place girls team at each sectional will receive a plaque.

At the state level, medals will be given to the top 15 boys bowlers and the top 15 girls bowlers. The first, second, and third place boys teams and the first, second, and third place girls teams will receive trophies and seven (7) team medals.

4.180 GOLF

4.181 The Association shall conduct an individual and team golf competition for both boys and girls. Both the boys and girls divisions shall consist of a sectional level of play and a state final level of play. There is no classification based on school size or grade level. Sectional contests for boys shall be held on the first Wednesday after Labor Day. Sectional competition for girls shall be held on the first Thursday after Labor Day. The state competition for girls shall be held on the second Thursday after Labor Day. The state competition for boys shall be held on the second Friday after Labor Day.

4.182 Season Limitation

There is no official season start date and mandatory season ending date. Schools may schedule outings with other schools any time during the school year.

4.183 IESA State Tournament Limitations

Each school must complete the online roster entry form by the deadline date as indicated in the official IESA activity calendar. Schools must designate all coaches for sectional and state play by the roster deadline.

The online entry form is located in the IESA Member Center of the IESA web site. A school may list a maximum of six boys and six girls. Participant information must include the name of the participants, birth date, year in school, home course and average score. The online entry form must also include the name(s) of the school coach(es) (or school representatives).

Substitutes at the sectional level are permitted up until 12:00 p.m. on the Wednesday preceding the sectional tournament. The IESA office must be notified of the substitution. If it is necessary to make a substitution the day of the sectional tournament, the change will be made by the club professional at the sectional site. No changes may be made to the roster after the conclusion of the sectional.

A school may register for a maximum of 6 boys and 6 girls. A team is defined as any school who has at least 4 golfers participate in a division.

- a. The golfers with the lowest four scores will determine the team score and the composition of the advancing team.
- b. Only the lowest four scoring golfers for a team will participate in the team competition at state. Those golfers on the team whose score was not counted as of the four lowest may still have the ability to advance to the state tournament as individuals.

For example, a team has six golfers participating in the sectional tournament. The team advances to the state tournament. The golfers with the four lowest scores will represent the school team in that state meet. The remaining two golfers have the ability to participate in the state tournament as individuals if these scores qualify.

The intent is to advance 8 boys teams, 5 girls teams, 40 individual boys and 52 individual girls (not associated with one of the advancing teams.) One team from each boys sectional and girls sectional will advance to state, with the objective of bringing 72 male golfers and 72 female golfers to the state tournament. Individual qualifiers advancing to state will be based on a percentage of participants in each sectional as of the online roster deadline date. Ties for the final spot will be included. At the discretion of the IESA golf administrator, state qualifying teams and individuals can be added or subtracted based on the number of sectionals.

4.184 General Rules

The official rules for the IESA Golf State Tournament are those included in the IESA Golf Terms and Conditions, USGA Golf Rules, and any printed instructions distributed from the IESA Office. These rules will be enforced by designated officials.

Players are prohibited from using a caddy during the state series.

Coaches are allowed to coach anywhere on the course except the putting green. Coaches must wait until all players have holed out before communication takes place on the next hole. See the Golf Terms and Conditions for the policy regarding cart usage by coaches at the sectional and state level of play.

The sectional tournament and the state final tournament will each be conducted as one 18-hole round. Tee times will be assigned to all competitors. See the Golf Terms and Conditions concerning weather delay policies at the sectional and state meets.

A player may not start a round of play with more than 14 clubs.

4.185 Fees

The entry fee for each individual entering the sectional is posted on the IESA website. Participants shall be responsible to pay their own green fees at the sectional as well as any practice rounds at the state final site. The IESA will be responsible for all green fees at the state final.

4.186 Awards

At the sectional level, golfers placing 1-10 at the sectional will receive a medal. The first-place boys team and the first place girls team at each sectional will receive a plaque.

At the state level, individual medals will be presented to the top 10 boys golfers and the top 10 girls golfers. The first, second, third, and fourth place boys teams and the first, second, third, and fourth place girls teams will receive trophies and eight (8) team medals.

At the sectional and state level, all ties for first place will be broken by a sudden death playoff. At both the sectional and state level, ties shall not be broken for any other individual places. Golfers tied for the same place will receive duplicate medals.