IESA TRACK & FIELD

2008 ADVISORY COMMITTEE MEETING MINUTES & RECOMMENDATIONS

June 4, 2008

The following members were present for the meeting: Coaches Tom Morse, LeRoy, , Bill Pavlich, Homer Glen Homer, Bob Robertson, Rantoul St. Malachy, Craig Dahlquist, Peoria St. Mark, and Beth Pugh, Tuscola East Prairie; Official Carroll Hickenbottom, Blandinsville; Administrator, Fred Lamkey, Riverton; Board Liaison Tony Ingold, East Peoria Central. Wendy Vogel, Metamora GS, Greg Moss, Kewanee Wethersfield and Cindy Quigley, Manteno, were not able to attend.

The IESA Track and Field Advisory Committee, in its meeting of June 4, 2008, make the following recommendations to the Board of Directors for their June 13 meeting:

To make the following change to the Track and Field State Final Event Schedule:

1. Class A Pole Vault Schedule: Friday- 7G, 7B to follow; Saturday- 8B, 8G to follow
Rationale: The recommendation would standardize the meet schedules between A and AA. Currently, the A and AA pole vault schedules are not consistent.

*To make the following changes/additions to the Terms and Conditions

- For those athletes who have qualified for the state meet in the preliminary or semifinal heats of the 100 M Dash and/or Hurdles, participation in the final heat of these events is required unless hindered by injury or illness. Should injury or illness affect an athlete's ability to participate in the final, the athlete's qualifying mark will stand.
 - Rationale: This would provide a consistent policy for sectional hosts and participating schools.
- 2. All high jump contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. At the state track meets, the high jump shall be conducted in flights. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 2" at a time until 3 competitors remain. Then, the bar will be raised 1" at a time.
 - Rationale: By conducting the high jump in flights, we have reduced the overall number of competitors on the field at any one time. The current recommendation is more reflective of conducting the event with the reduced number of competitors in each flight.
- 3. All pole vault contestants shall be assigned in order of their sectional qualification, with the person with the best height or distance being last in order. Each contestant will be granted a maximum of three trials at any one height. The bar will be raised 3" at a time until 1 competitor remains. Rationale: The recommendation will allow the event to be conducted in a more efficient manner.
- 4. Change to the Required Order of Events for the Sectional Meets: Conduct all girls running (Hurdles through the 4x400) and then conduct the boys running (Hurdles through the 4x400) Rationale: Most sectionals are allowing a 15-30 minute break between the girls running and the boys running. This break would allow for the hurdles to be set-up on the track in anticipation of the boys running. This would also allow the boys an opportunity to warm-up on the hurdles set for their event without having to share the track with the girls.

5. The Committee would like the Board to discuss not scoring the Pole Vault at the sectional meets. Athletes would be able to qualify for the state meet, but the event would not count toward team points.

Rationale: The Committee was not able to come to a clear decision on this recommendation. The vote on not-scoring the event tied at 3-3.

Comments in favor:

- Small minority of schools that compete in this event are being awarded a considerable amount of points
- Not every school has the ability to participate in the event because of liability and the cost of the equipment

Comments opposed:

- If an event is being offered, then it should be scored.
- As a school that has made a commitment to the event, I should be able to receive the team
 points for the event.
- 6. Send each Sectional host a package of ¼" pyramid spikes. Total cost: \$432.00 Rationale: Over the last several years, we have had more and more problems with athletes wearing illegal spikes at the state meet. By providing the host schools with a sample bag of legal spikes, participating schools will discuss legal spikes and will have an example of what a legal spike looks like. In addition, they will be able to take the sample spike back to their school to measure their students' current spikes.
- 7. It is mandatory for the head coach (or another school representative) to attend the Sectional Seeding Meeting. If a head coach (or another school representative) is not in attendance at the seeding meeting, the Sectional Meet Manager should seed his/her athletes and contact Nicole Schaefbauer at the IESA Office immediately the following morning.
 - a. Sectional managers may accept requests from schools to make exceptions for attendance at the Sectional Seeding Meeting. A letter requesting an exception for attendance must be sent to the Sectional Manager and signed by the school's principal or official representative prior to the beginning of the scheduled Seed Meeting.
 - b. If the coach (or other school representative) fails to comply with these provisions, the coach and/or the competitors from that school may be sanctioned.
 - c. It is the responsibility of the Head Coach to contact the Sectional Host immediately if for any reason they experience an emergency situation that would not allow them to get to the seeding meeting on time (flat tire, traffic accident, etc.). Sectional managers are encouraged to provide participating coaches with a phone number to be used in case of an emergency.

Rationale: It is extremely important for coaches to be present at the seed meeting. This meeting is an opportunity for coaches to make sure that their athlete information is correct. It is also where they will receive all of the details regarding the meet. Often, host schools will assign event duties to coaches at this meeting. If coaches are not present, they and their athletes will be unprepared for the meet. Note: If recommendation is passed, Board will need to define appropriate sanctions for violation.

8. Schools who plan to enter athletes into Pole Vault must notify their Sectional Host prior to the sectional seed meeting of their intent. It is preferred that the Pole Vault be conducted at the assigned sectional site at the time of the sectional meet. However, due to increasing difficulties in obtaining sectional site capable of conducting Pole Vault, the Pole Vault may be conducted at a

different location prior to the Sectional (preferably Friday). If this is necessary, all school competing must be :

- a. Notified of the new location and time of the event.
- b. The event must be conducted at a time that would not prohibit the competitors from competing in any other event at the Sectional Meet.
- c. The Sectional manager would assign a non-biased individual to officiate the event.
- d. All competitors must have a coach accompanying them.

Rationale: This will provide competing schools and sectional hosts with a protocol to follow when their site cannot facilitate this event.

*The Committee would like the State Series Action Team to further discuss moving to three classes of track.

*To adopt the following changes to the qualifying standards and pole vault starting heights. Please see attached.

To make the following additions to Track and Field Policy (These clarifications do not require Board Action):

- 1. At the State Meet, field event personnel (long jump, high jump, pole vault) will not be responsible for determining or taking an athlete's starting mark.
- 2. The times run in the finals of the 100 M Dash and Hurdles shall be used to seed athletes for the State Meet.
- 3. Create FAT qualifying standards.
- 4. At the State Meet, the Pole Vault coaching box will be moved closer to the football field goal post.
- 5. Include a flyer with a visual image of the legal spike in the initial mailing/state mailing/check-in packet.
- 6. Update the wording regarding the Games Committee: A Sectional Games Committee must be appointed for each Sectional Meet. The Games Committee shall be established at the sectional seed meeting. The Sectional Games Committee shall be comprised of the Sectional manager and two (2) head coaches present at the seeding meeting. Additionally, two (2) alternates should also be appointed at this time. The Sectional Games Committee shall conduct itself within IESA and NFHS Track and Field Rules. In accordance with NFHS Rule 3-2-4, the Sectional Games Committee shall act as the finals Jury of Appeals for all final appeals. The Jury of Appeals shall act in accordance to National Federation Rule 3-5. Situations that are not subject to protest:
 - Any judgment decision pertaining to violations or alleged violations of the rules.
 - A decision made by the finish judges or timers that does not involve misapplication of a rule, or the terms and conditions of competition.
 - Whether a start is fair and legal.
- 7. List the Sectional team winners on the website.
- 8. Update the wording regarding times submitted: Times and distances submitted for seeding purposes in all individual track and field events at the Sectional Seeding meeting shall be times/distances actually achieved during the current outdoor Track and Field season. In a relay

event, only a time actually achieved at the metric distance during the current outdoor Track and Field season may be submitted for seeding purposes. Coaches may not submit combined individual times as a relay time.

- 9. Update the wording regarding allowable changes: Any allowable changes or substitutions must be presented by the coach at the Sectional Seeding Meeting. Coaches may make changes to their entries, times, marks, and personnel. In addition, coaches may add eligible participants to events. All changes must conform to the Individual Participation Limitations. No changes may be made to the Sectional Participant Information after the seeding meeting.
- 10. Include wording with regard to reporting for a state final event: All events at the IESA State Track and Field Meet will be considered closed when the final call for the event has been given. Contestants must report to the Clerk's tent or field event when their event is called. The Public Address Announcer will provide two personal pages for those individuals not present at their event when roll call has begun. If an athlete has not reported to their event after the second personal page has been given for an athlete, the competitor will be scratched from that event. The Meet Referee will have the responsibility to oversee conflicts and have the final authority.

Points of Emphasis

- The Committee recommends that event personnel used for sectional meets be coaches, administrators, and/or school officials.
- 1/4" or less pyramid style spikes are the only allowable spike at the IESA State Track and Field Meet.
- The Committee recommends that a licensed Track and Field official be used for all regular season meets.
- Coaches should review all uniform rules. Athletes may not compete in their warm-ups. NFHS Rule 4-3-1c: Each competitor shall wear a track bottom or one-piece uniform issued by the school. Loose-fitting, boxer-style bottoms, compression-style bottoms are permitted for boys and girls. Closed leg-briefs are acceptable for girls.

Committee Discussion

- Oath of Athletes and Parade of Athletes
- Order of Events for the State Meet
- The addition of a Team Track and Field State Meet
- Official Photographer for the presentation of medals
- Discussion of three classes of track
- Running all running events in finals
- Running all field events in finals
- Making various changes to the sectional order of events
- Host schools providing a trainer
- Adding triple jump, 800 M Medley, 300 M hurdles
- Changes to the Individual Participant Limitations
- Review of the State Meets

Bob Robertson, Bill Pavlich, Greg Moss, Tom Morse, Cindy Quigley and Craig Dahlquist were thanked for their service to the Committee and to the participating members of the activity

The date of the next meeting is June 10, 2009.