

# IESA **SOFTBALL UNIFORM GUIDELINES 2025**

## **JERSEY - Rule 3-2-1-4 and 3-2-6**



- Must be the same color and style for all team members
- Sleeve length may vary amongst players, but the sleeves of each individual player must be the same length and not ragged/frayed/split.
- Number
  - a. Required on the back of the jersey and must be at least 6" high
  - b. Must be a solid contrasting color from the jersey
  - c. Not required on the front of the jersey, can be smaller than 6" on the front
  - d. Border around the number must be a contrasting color and cannot exceed ¼"
  - e. Players may not have the same number - 0 and 00 are the same
- Manufacturer's logo cannot exceed 2¼"
- One American flag may occupy space on the jersey but may not exceed 2" x 3"

## **UNDERGARMENTS - Rule 3-2-7**

Exposed undergarments, if worn, are considered part of the official uniform. All exposed undergarments shall be a solid single color: black, white, gray or a school color.

- For individual players, exposed upper-body undergarments do not have to be the same color as exposed lower-body undergarments.
- For all team members, exposed upper-body undergarments shall be the same solid single color, and all exposed lower-body undergarments shall be the same solid single color.
- Garments other than team uniforms such as arm sleeves, leg sleeves, and tights are permissible. Anything worn on the arm or leg is a sleeve, except a brace, and shall meet the color restrictions.

## **JEWELRY - Rule 3-2-12**

- **Jewelry is no longer prohibited.** However, umpires still have the authority to rule on anything that is considered a distraction or increases risk to any player.

## **SHOES - Rule 3-2-11**

- Shoes are required.
- Plastic, nylon canvas, leather or similar synthetic uppers
- Sole - smooth, soft or hard rubber cleats
- Metal cleats are allowed (cleats must not extend beyond 3/4 of an inch beyond the sole; cleats must be rectangular and cannot be round).

## **HEADWEAR - Rule 3-2-5**

- Caps, visors, headbands, ribbons, etc. may be mixed if worn but must be black, white, beige or school colors.
- Colors are not required to be the same for team members.
- Logo may be any color.
- Flat items no longer than 2" are allowed (bobby pins, barrettes, and hair clips).
- Plastic visors, bandanas and hair beads are prohibited.

## **IESA EXCEPTIONS TO NFHS UNIFORM RULES**

1. [3-2] The number appearing on the front of the softball uniform, although not required, may be smaller than six inches.
2. [3-5-3] Adult coaches are not required to be in the uniform of the team but it is recommended that coaches be attired in school colors.

## **ADDITIONAL CONSIDERATIONS FOR IESA SCHOOLS**

1. A pitcher shall not wear any item on the pitching hand, wrist, arm or thighs which may, in the umpire's judgment, be distracting to the batter (Rule 3-2-9).
2. Hard and unyielding items (cast, brace, splint, etc.) must be padded with a closed-cell slow recovery foam padding no less than ½" thick. Knees and ankle braces which are unaltered from the manufacturer's original design do not require any additional padding (Rule 3-2-13).
3. The use of the optic yellow color anywhere on the softball uniform is strongly discouraged as it may be perceived as being distracting to the batter - a wristband with a playbook/playcard must be solid in color and not optic yellow.
4. Stripes are permitted on the uniform but should be included in a manner that does not detract from the uniform number in any way.